

# Northview Valhalla

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Covina, CA 91722

## Vikings Choose Their Homecoming Court

BY MICHELLE SUYAT

Homecoming is one of the most anticipated events at Northview as well as many other high schools. This year's Special Events Commissioners Shannon Yarber, Brittini Castro, and Tiffany Leung have put together an awesome field show which will be held on October 29. Everyone, including Northview's alumni, will be attending. The dance, which will be held in the NHS gym on October 30 from 8:00 P.M. to 12:00 A.M., is Paris themed and is titled "My Cheri Amour." The dance will include the perfect colors of red, black, and silver to complement the night.

Homecoming, however, is much more than a dance. This event includes games, rallies, a football half-time show, and the most appreciated, the dance. This is not only an event to admire the Homecoming court, to dress up, or even to watch a football game, it is also a time when NHS students and alumni can show their Viking pride.

On October 18, the Homecoming Court was announced. The Thursday prior, the student body chose their princesses. Tiana Leung, Monica Aguilar, Karen Brown, Kristan Alfonso, and Benaisa Ngwegni were chosen.



From left to right: Kristan Alfonso, Benaisa Ngwegni, Karen Brown, Monica Aguilar, and Tiana Leung

Tiana Leung was nominated by ASB. She is involved in numerous extracurricular activities: ASB treasurer, Scene president, JSA treasurer, GALS

treasurer, yearbook staff member, and varsity tennis co-captain. She was very surprised to learn of her nomination. "I just finished stuffing my mouth with a hamburger when they announced my name," Leung said.

Monica Aguilar was nominated by the '05 Viking staff. She is the co-editor-in-chief of the yearbook, a Valhalla reporter, a varsity volleyball player, the Commissioner of Renaissance, and a Quill and Scroll Honorary Society member. When asked for her reaction, Aguilar replied, "I

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## Peers Selected For Tutor Program

By CHRIS DURAN

"I think they have a lot to offer their peers on campus," Ms. Christina Wenger replied when asked how she feels about the tutors chosen for the after school tutoring program. This year's tutors are seniors Anushri Vyas, Chris Duran, Jessica Valenzuela, and junior Justin Reyes.

"When I heard I had received the tutoring position, I felt elation," Jessica Valenzuela said. "I am very happy that I have been granted this position and I hope I can meet more students that I wouldn't normally encounter."

Valenzuela has experience as a tutor. She was a tutor for Northview. "I feel my extensive curriculum and past



the Las Palmas after school program and she also used to tutor her cousins. In addition, she tutored last year at

tutoring experience makes me very capable of being an excellent tutor."

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# Movies Portray Real Life Teens

By **MONICA AGUILAR**

We all have seen a teen movie at one time or another. It may be a new one, such as Mean Girls, or 80's flicks such as Say Anything or 16 Candles. Many people watch these thinking, "Now, when is high school ever like that?" Granted, we don't come to school driving brand new Beamers that our daddy bought for us on our 16th

birthday, but some of these movies do cover real life scenarios, cliques, and problems.

There definitely are different groups: the straight A smart people, the "jocks," the "popular" group, the "goths," the "band" kids, and more. In the movies, they take some of these perceptions and take them to an extreme, but what movie does not exaggerate a

bit? If you really think about it, they had to have a source for these characters.

As much as we hate to admit it, every school has issues dealing with sex, drugs, and drinking. In recent studies, the number of teen pregnancies has gone up. People sometimes have a problem with how much sex is portrayed in the movies, but most teenagers have to deal with these pressures. Many students refuse to see the reality of problems with sex, drugs, and drinking, but obviously the writers see it and use

it in their films. Teen movies portray high school as a place where people are mean, are sexually active, and are party animals. Not everyone in high school can be identified by these stereotypes, and then again, not all types of people are in these movies. We should not take everything shown in teen movies so seriously, because they are just movies. The perception of high school through movies is accurate. . . to a certain extent.

## False Movies Mean False Perception

By **CHELSEA CASS**

Every school has them: cliques; a group of friends who rarely, if ever, mingle outside of their circle. Whether it be the "popular kids" who dress up everyday and who are so cleverly named "The Hillary Duffs", the "Jocks" who mainly focus on that upcoming game on Friday and who stick around with their closest teammates, or the "Band Nerds" or "AP kids" who stick mainly to their sheets of music and studies. No matter what school you go to, cliques exist; but not to the extreme that some popular teenage movies, such as Mean Girls or She's All That make it seem.

In most teenage movies, the popular, rich kids always seem to have the best clothes and hair, and always arrive late in their Porches and Lexuses. Or on the most anticipated day of high school, the prom, everyone in attendance seems to know the

choreographed dance to Fat Boy Slims "Rock-A-Fella-Skanks."

How realistic is this view of high school students? What school actually goes to such an extreme to stick to just one group of friends? Very few, if any. The fact is that high school is portrayed as a scary place where the cool kids talk to no one. If you are the richest kid in the school, then you will automatically be loved and worshiped by every student. Yeah right!

Movies portray students as something that they are not. They portray every "popular kid" as being stuck up and overly arrogant. They portray the "band kids" as nerds who do not know what it is like in the real world, because they never leave the band room. But in all actuality, students, especially here at Northview, all get along, no matter what clique they are in.

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# Duran Begins Year As YMOM

By KATHLEEN MEEKS

Responsible, intelligent, hard working, easy going, and friendly are a few words that Chris Duran, September's Young Man of the Month, used to describe himself. Duran is a senior and has accomplished many things in his years here at Northview. These accomplishments include being on the National Honor Roll, being on Northview's Honor Roll since his sophomore year, and being ASB Commissioner of Community Service. He won a scholarship for his scores on the PSAT, and has been in Renaissance since his freshman year. He has worked on the Valhalla staff for two years, and this



year was selected to be a library peer tutor.

When Duran was asked if being named a Young Man of the Month was expected, and how he felt about receiving this honorable award he said, "No, I didn't expect it, and I also felt surprised because

there are so many other deserving students." When asked who he looks up to, he replied by saying, "I look up to my parents because they are hard working and have made lots of sacrifices to give me and my sisters a good life."

When asked about his future and his goals after high school, Duran said that

he wants to be accepted to Cal State Fullerton and major in communications. He will also apply to all of the Cal States and some local universities. Duran said that in ten years he will have his dream job and will be having a good life. He said that he does not know what his dream job is yet, but he should have found it in ten years.

## See Your Name In Lights

By ROB ANDRADE

A new addition to Northview called the Electronic Marquee was completed on October 11. The reason behind making it an asset to Northview was basically that other schools in the area purchased one and received positive feedback.

The Electronic Marquee was purchased with money

The marquee's main purpose is communication with the students of Northview High School. It also can be used as a fundraiser for the Junior Class from whom students purchase special messages, such as birthday wishes. The Junior Class receives this privilege because they are responsible

## Donate Blood, Save A Life

By AMY CERECEDES

Every so often people wonder about a good way to help others, never sure on how to make it happen. Well, you're in luck. With November right around the corner, it is never too early to start pondering whether or not the blood drive is something in which you want to participate.

On November 3, Northview is hosting the first blood drive of the year. It is a time that students on campus can do something to help or even save a person's life. There are a few requirements to qualify for this event. You have to be 17 years old and

weigh at least 110 pounds. The blood drive will be hosted in the gym. Red Cross will be here from 8:00 A.M. to 2:00 P.M.

This year Chelsea Cass will be hosting the blood drive and there will be a 50's theme. Cass is planning on making this year's blood drive a fun, not scary, event.

So, for those of you who are capable and willing to contribute to this self-rewarding event, please mark November 3 on your calendars. Keep in mind, a little task could have a huge impact, maybe even save a person's life.



from the Measure K bond, which can only be used to improve facilities.

for sponsoring the Junior-Senior Prom, so they get first priority with fundraisers

# Staff Chooses Leung As First YWOM

By RICHARD LECHUGA

Tiana Leung was given the honor of being October's



Young Woman of the Month. "I was extremely honored to have been nominated for such a prestigious award. Working hard these last four years has been truly rewarding," stated the year's first recipient of this award.

Leung is involved in many activities on campus including The Scene (president), ASB (treasurer), GALS (treasurer), Environmental Club (publicity), JSA (treasurer), Debate Club, yearbook staff, and varsity tennis co-captain, just to name a few. As


if that is not enough, she also has rigorous courses that include ASB, AP Calculus, AP Government, AP English, yearbook and physics.

Leung drew inspiration from the many teachers she has had throughout her high school career. When asked what teachers inspired her the most, she responded with "Ms. Bremmer for her seemingly infinite knowledge and humor; Ms. Sweger for her generosity and wisdom; and Ms. P for all her hard work and dedication. These teach-

ers truly made Northview worthwhile."

Leung also takes time to do the things she loves, "I love to read, spend time with friends and family, watch movies, rest, and go out to witness nature in all her glory."

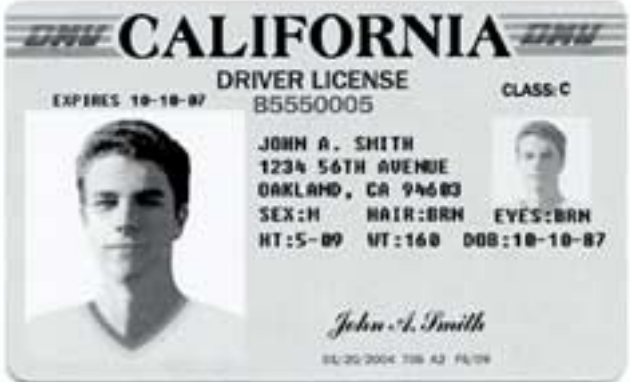
The road of hard work does not stop here - Leung plans to attend a UC and major in the medical or educational field. She also commented that she wants to travel and see the world.




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# If Homecoming had a Halloween theme, what would you and your date dress up as?

**Nicola Nassar, 12-** "We would probably go as Spiderman and Mary Jane."  
**Ricardo Rosales, 12-** "We would be Beauty and the Beast."

**Dau Phung, 12-** "We would go as Aladdin and Jasmine."

**Gabby Pinedo, 9-** "Me and my date would dress up as Minnie and Mickey Mouse."

**Crystal Garcia, 11-** "Me and my date would dress up as Peter Pan and Tinkerbell! ohh Yea!!"

**Navil Guzman, 11-** "Me and my date would dress up as Wonder Woman and Captain America."

**Josh Magdangal, 12-** "I'll be my date's James Dean and she (Tina) can be my Marilyn Monroe."

**Nancy Hernandez, 12-** "I'll be Buddha and he could be the worshiper."

**Cristal Manning, 9-** "We would dress up as Danny

Zucko and Sandy from *Grease*."

**Catrina Delgado, 9-** "We would go as Romeo and Juliet."

**April Vazques, 9-** "We would go as a cowgirl and cowboy."

**Joe Cohen, 12-** "I would be her Ken and Sara could be my Barbie."

**Kimberly Picone, 12-** "We would go NAKED! He can be Adam and I can be Eve. You swear like Adam and Eve really wore those leaves."

**Crystal Castillo, 10-** "Me and my date would dress up as Elmo and Zoe."

**Mary Garcia, 11-** "My date and I would dress up as Ariel and Eric."

**Chris Guevara, 11-** "My date and I would be traditional and dress up as Frankenstein and the Bride 'cause that's tight!"

**Gwen Sanchez, 11-** "We'd dress up as Jedi!"

**Jessica Valenzuela, 12-** "We would dress up as Jack and Karen from *Will and Grace*."

**Karen Brown, 12-** "Me and my date would dress up like Jessica Simpson and Nick Lachey."

**Kim Diaz, 11-** "I would be Belle from *Beauty and the Beast*, and my date would be the handsome prince."

**Giovanny Lerma, 12-** "I would be a pie, and my date would be cherries."

**Jeff Prickett, 12-** "I think we would just go to see the costumes and laugh at the people who made fools of

themselves."

**Walter Guzman, 11-** "I would dress like a butterfly so I can dance freely."

**Rhea Nuguid, 11-** "I would be Catwoman and my date would be Batman because my date and I would look chicken finger lickin' good!"

**Donna Cabral, 12-** "Shrek and Donkey because they're cool and green."

**Daisy Rivera, 12-** "Me and my date would go as Peter Pan and Tinkerbell because my date thinks he looks sexy in tights!"

## 'Evening Of Theatre' Soon To Open

By RICHARD CANO

Everyone loves a little entertainment. Everyone enjoys something they can relate to, or laugh at. Everyone likes to sit back and enjoy a good show. How fortunate for everyone that Northview's Drama Department will be holding a 13 scene "Evening of Theatre."

It is going to be a combination of comedy and drama that students hand picked to perform. There will be approximately 30 students comprise the cast of an

"Evening of Theater."

This show is the first of many great theater productions to come. Ms. Jill Gerber is directing the production and is excited and eager to entertain Northview this year. Running about an hour and a half, it will be well worth your time. So check out an "Evening of Theatre" running November 4 to 6 at 7:30 P.M. in M-2. Student tickets will be just \$5.00, so be on the lookout for ticket information, and come check out the show.

## Team Northview Walks For Diabetes

By YOYCE PICHARDO

Sunday, October 10, 2004 Team Northview gathered to join American's Walk for Diabetes. The walk began at Memorial Park in Old Town Pasadena which led to a 6.3 mile walk. At the beginning of the the walk , participants were provided with breakfast.

In order for students to participate in America's Walk

for Diabetes, they had to raise a minimum of thirty dollars in pledges. Throughout the walk there were rest stops after each one and a half miles. At each rest stop fruit and water were available. Once people reached the finish line they received bags full of sugar free products, after which they were rewarded with a great lunch to end the walk.

The Valhalla is published on the web.

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[www.cvusd.k12.ca.us/northview/nvhome.htm](http://www.cvusd.k12.ca.us/northview/nvhome.htm)

# Now You See Me. . .Now You Don't

By **SILVIA PEREIDA**

Halloween is about scary stories... here are some urban legends that will give you chills. Read them all-but do not read them in a scary place!

One night a girl was getting ready to go to bed, but then realized she had forgotten her doll that had only two fingers. Her mom was having a party and she didn't want to go downstairs, so she called for her mother to bring the doll to her. Her mother replied, "Can't you sleep without it for one night?" So the girl tried to sleep without her doll. But 10 minutes later, she heard, "I'm coming up the stairs," in a creepy voice.

The girl screamed, "Mom, Mom! Someone is talking to me!"

"Go to sleep," her mother replied.

Then she heard, "I'm on the edge of your bed and I'm going to kill you." The girl screamed for her mother who just ignored her and so the girl went to sleep. The next morning her mom came to wake her up and discovered that the girl was missing three of her fingers, while the doll had all of her fingers and blood was all over the bed.

Have you ever heard the story of the disappearing hitchhiker? Late one night, Charlie was driving down the streets when he noticed a young man walking along the road. He saw that the guy was wearing a military uniform and carrying a duffel bag. Charlie pulled over ahead of him, rolled down the window, asked him his name, and where he was headed.



"Jessie," he said and put his large duffel bag in the back of the vehicle. The bag was heavy and Charlie could feel the weight. Jessie, without saying a word, got into the vehicle. Jessie seemed kind of strange, not wanting to talk, but only looking out of the window into the darkness. Charlie offered Jessie a soda that he had in the backseat, so Jessie looked over at him with a very sly smile and nodded his head. Charlie watched Jessie sit with the unopened soda can between his legs. They were still in complete darkness, the radio was on and Charlie, being a talkative

type, was trying to make conversation. When he turned to ask Jessie a question, all he saw was the can still on the seat, but no young man. He looked to see if the duffel bag was still there ...nothing! It was as if he never picked him up!

Are ghosts real? You decide! One evening a girl named Kathy was on an airplane, when suddenly the flight attendant announced over the intercom, "The pilot needs someone to help fly the plane." No one volunteered except Kathy. She made her way to the cockpit. The pilot

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## Give Back To Your Community

By **KELSEY ROSE**

Community service is a way to provide society with a useful service and most of the time it is an enjoyable experience. What is better than the feeling of doing something righteous for those who need it? Most high school students do not realize the the importance of community service. Other than the fact that it looks good on college applications, what else do they need it for?

It is so easy to find a way to better your community, so why not do it? In your area there are many fun volunteer activities that you could do with your friends. Community service is a way to meet new friends. Community service is a way to go beyond your usual Saturday afternoons, and really become in touch with the people around you.

In the Covina area, there are numerous community service opportunities. Las Palmas Middle School is

looking for new tutors for their after school homework help program. New tutors

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## Valhalla Updates The News

By **PAUL GONZALEZ**

**A N O T H E R  
COLUMBINE THREAT**

Everyone remembers what happened a few years in Columbine, Colorado when two boys went on a killing spree at Columbine High School. Just a few days ago there nearly was the same situation with two boys who had planned to kill a specific student. As it turned out, this school has a new way of contacting the students' parents: they use their comput-

ers and send a voice message to the parents' phones. When the parents retrieved the message they were stunned: they turned to the school and the police were all over it before anything happened.

**ACTORS DIE SUDDENLY**

It was a sad time for everyone when Christopher Reeves died. He was the star of Superman; in fact, he was Superman. However, he probably became more famous after he was paralyzed

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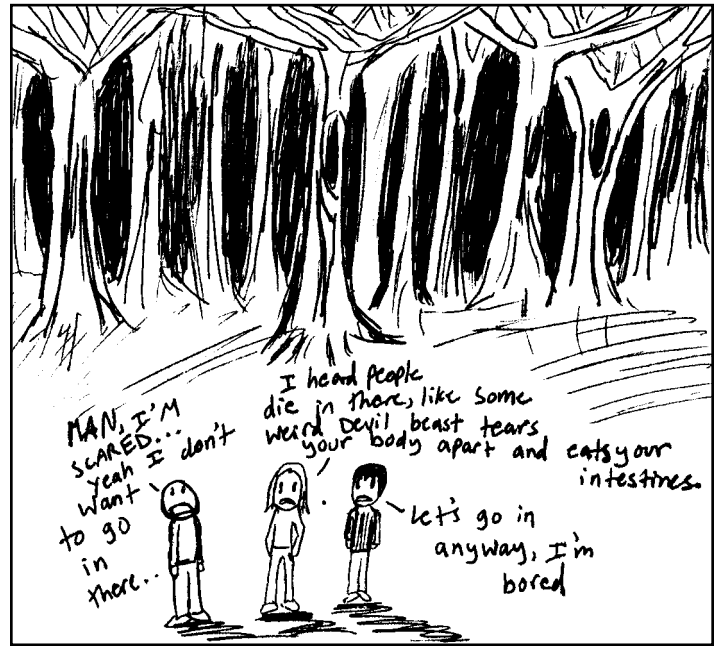
# Get Scared This Halloween

By **CLAUDIA PINEDO**

In Old Town San Diego sits the Whaley House. This is one of the most actively haunted houses in the world. The Whaley House was built by Thomas Whaley in 1857 and stayed in the family until his daughter, Corrine, died in 1953. This house is the oldest brick structure in Southern California. The building has housed a granary, a store, a school, a theatre, and the county courthouse. The house has now been restored as a historical museum, which is open to visitors during daylight hours. Many employees and visitors have seen ghosts throughout the house, including a figure of a woman in the courtroom, a man at the top

of the stairs, a dog running down a hallway, and a rocking chair moving. Some claim to have heard footsteps and a baby crying. People have also smelled perfume and cigars when no one else has been in the house!

The Queen Mary was originally built as a luxury trans-atlantic ocean liner, but in WWII, it was used as a troop ship. It is now a museum with a restaurant and hotel. Many ghosts have been seen and heard on board, but the most consistent sighting is in a hallway leading to the propeller shafts. Because in 1966, a young crewman was crushed in doorway #13. Usually a loud drill sound occurs and then the young



man disappears. Another ghost with a black beard, wearing overalls, has also

been seen numerous times in this hallway. Ghosts are often seen and heard in the pool area, even leaving wet footprints on the deck when no one is around.

In 1876, 18 year-old Flora Sommerton, a San Francisco debutante, left her *Continued on page 12*

## Tragedy Strikes 4 Times In 6 Weeks

By: **MARIA ARCE**

Hurricanes Charley, Frances, Ivan and Jeanne. The names are very familiar to those living on the southeast coast of the United States. There were continuous evacuations as all four hurricanes struck within six weeks.

It has been 118 years since Florida has seen so many hurricanes in one season. These four storms left more than 70 dead, and created at least \$12 billion dollars in damage, with millions of homes evacuated.

Those who decided to leave their homes usually

ended up in shelters with little or no electricity. Floridians grew tired of one evacuation after another.

Not only did these hurricanes cause damage to homes, they also affected the state's \$53 billion tourism industry as no one is willing or allowed to return due to the constant hurricane barrage.

The Florida Tourism Commission is seeking \$30 million from legislature in order to repair the damaged state.

Many Floridians hope that Jeanne was the last hurricane this season, so that they can return to their homes (or

shambles) and try to restore their shattered lives.

## Bands Hit The Road

By **CORINNA RAMOS**

It is officially fall, and now is a great time to catch your favorite bands in concert. So gather up your best buds, cram into your car, and be on your way.

11/4: "Death Cab for Cutie" held at The Glass House and Cambria Palladium

11/6: "A Static Lullaby" at The Glass House

11/18: "Simple Plan" performing at The El Rey Theatre

11/19: "Bad Religion" held at The Palladium

11/20: "Green Day" hosted in Bakersfield at the Centennial Gardens

11/23: "R Kelly and Jay Z" perform at Arrowhead Pond

11/23: "Green Day," Ft. "NFG," and "Sugarcult" held at the Long Beach Arena

11/26: "Yellowcard," Ft. "The Starting Line," "Days Away," and "Hey Mike!" showing at the Palladium

12/10: "The Hives" performing in Wiltern

12/11: "The Aquabats" held at El Rey Theatre.

# It Happens More Often Than You Think

By DANIELLE RATE

Anesthesia Awareness is a serious medical condition with which not too many people are familiar. It occurs when patients wake up on the operating table and are fully alert to the environment around them. The terrifying part is that they cannot signal their awareness to the surgeons because of the heavy dose of paralytics: therefore, they experience their surgeries awake.

A medical group called the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) urges hospitals to take precautions so they can prevent Anesthesia Awareness. Approximately 20,000-40,000 people in America were conscious during operations last year. Carol Weihrer is the head of a group called the Anesthesia Awareness Campaign. She argues that doctors do not take the rights steps and sometimes do not care if their patients experience pain during an operation. In Weihrer's case, she was undergoing a procedure to remove her diseased eyeball. "I felt the pulling and tugging and the pressure of the cutting while the surgeon was instructing the resident to cut deeper and pull harder." Another woman had surgery on her stomach. Her anesthesia wore off while she had traces of double the paralytic drug. She said that she felt the scalpel ripping through her flesh and it sounded like ripping paper. The other patients that described the

feeling of being paralyzed said it was like being "entombed in a corpse."

Dr. Dennis O' Leary is the president of JCAHO and started to monitor the anesthesia levels of patients in 4,529 hospitals. The commission's new research said

that IV injected, shorter acting anesthesia can lead to awareness. This is a problem since doctors prefer the short acting anesthesia; the patients can recover and gain consciousness more quickly after surgery. The JCAHO said that decreasing the dose of the

IV anesthesia too soon can lead to awareness.

The JCAHO and anesthesiologists are still researching new ways to avoid Anesthesia Awareness; with the count of 20,000 to 40,000 cases a year, it can happen to anyone.

## California Lungs In Danger

By COURTNEY WOODMAN

Everyone can agree that living in California definitely has its benefits, but there are just as many disadvantages: one of them being air pollution. Very few people pay much attention to the air they breathe in everyday, but maybe they would if they knew the effects it can have on them.

Due to products of fuel and combustion in the air, some parts of California are so dirty that it can slow down the development of children's lungs. By the time they are 18, many children who grow up in polluted areas have lungs that are underdeveloped. In most cases, their lungs will even stay that way to adulthood because between the ages of 10 and 18 is when lungs are being fully developed.

The top 10 most polluted communities are Alpine, Atascadero, Lake Elsinore, Lake Arrowhead, Riverside, San Dimas, Santa Maria, Lompoc, Long Beach, and Mira Loma. According to researchers, teens living in smoggy areas are five times as likely to have low lung



function compared to peers living in less polluted areas. Low lung function means that the teenager will have less than 80% of the lung function expected for their age. The short term effects are more severe colds that take longer to get over. Unfortunately, the long term effects are more serious: increased risk of death due to cardiovascular and respiratory illness.

## SAT Or ACT - You Choose

By KRYSTLE GARCIA-GIBBONS

Have you ever wondered what the big difference is between the SAT and the ACT? They both are designed to provide college admissions officers with a predictor of first year academic achievement in college. The tests are a way to compare students from a wide range of educational backgrounds.

Originally the ACT was the test choice and requirement by colleges in the Midwest. The Northeast and

the East and West Coasts chose the SAT. Now many students are taking the ACT or both. A majority of schools in the United States are accepting both test results.

The ACT is said to be more of a content-based test, while the SAT involves critical thinking and problem solving. Here is what is included in the ACT and not in the SAT: a science reasoning test, trigonometry in the math section, and English grammar. The SAT also has many differences from the

*Continued on page 12*

# Vikings Topple Giants To Begin League

By PAUL SMITH

After a heart wrenching second place finish last season, the Vikings have had something to prove. On Friday, October 8, the Viking football team finally showed up to play.

Northview had a huge game: a magnificent blowout at University High School in Irvine. The Vikes had been plagued by turnovers all pre-season and were severely deprived of a win, but when they kept the ball off the ground the results were earth shaking.

On the offensive side, Northview had another 400 plus yard performance. The unrelenting ground attack produced more than 350 yards. Will Davis, the pride

and joy of Northview's rushing attack, had 120 yards on 17 carries on the night. Senior running back Remington Hawkins was 6 for 60, while Blake Yarber was 7 for 72. Quarterback Damian James was 8 for 78. In the air attack, James was four of eight for 67 yards. His leading receiver, sophomore sensation Will Davis, had three receptions for 41 yards.

Northview's defense was unrelenting as they pummeled University to give the ball to the Viking offense. At the end of the night, the Vikings brought home a convincing victory with a final score of 47-26.

With a preseason ending game like that, Northview seems like the team to beat in



the Valle Vista League. When the team shows up and plays as a unit, they are unstoppable and should be contenders for this year's Division IX CIF Championship.

To start off Valle Vista League play, the Vikings came out hitting and immediately took charge of the game. With senior fullback Sean Houston back, the Viking offense was unstoppable; in fact, scoring 10 points before the Pomona Giants even touched the ball and then tasking it back and scoring again. The Vikings completely dominated the game as a fallen brother had returned.

The offense was stopped only by half-time. . . putting up 45 points in the half as though it were nothing. The Vikings were scoring at will, in the air and on the ground. Future college sensation Houston was back with a vengeance.

Senior Blake Yarber had seven carries for 55 yards and two touchdowns. Damian James showed everyone once again that he is Northview's number one runner. He was two for two in the air, one for

as four yard score to Houston and the other for nine yards to senior tight end Daniel Camerano. James also scored an impressive 24 yard run in the second quarter. He had 78 yards on the night.

The defense was just punishing and allowed nothing. Houston was on the quarterback all night and had two sack. Outside linebacker Damian James had the highlight of the night: a punishing hit on Pomona's running back which caused a huge fumble. Defensive tackle Nick Robinson had a huge sack as well. Defensive safety Yarber had an impressive interception in the first quarter which led to a big score. A truly remarkable performance by Northview defense to allow no offensive touchdowns in the first half.

The Vikings scored a huge victory against last year's Valle Vista League champs, 45-21. "This just goes to show that when the Vikes show up, they are the team to beat," according to Coach Trevor Woods and they proved that once again in this huge victory over Pomona High School.

## GALS Names Kuhn October FAOM

By BIANCA DE LA ROSA

GALS is a club on campus that is made up of young women who participate in sports, while maintaining good grades. Every month the members of the club are brought together to nominate three young women who have shown a great performance in class and on the court/field. The nominees this month were Jackie Juarez, Tiana Leung, and Brittney Kuhn.

Kuhn was chosen to be this year's first Female Athlete of the Month. "I was very honored to have been nominated Female Athlete of the Month considering how many awesome female athletes are on campus. When



I was chosen I was very excited that I was given the opportunity to represent the volleyball team, as well as female athletes on campus," Kuhn mentioned. In addition to sports, Kuhn is taking rigorous courses such as AP classes and ASB. Kuhn's

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# Lady Vikes Anticipate League Championship

By MICHELLE SUYAT

On October 5, the Lady Vikes traveled to the home of the Pomona Red Devils, to dominate and bring home a win with a final score of 14-4. With Pomona's singles playing very well, Northview's singles pushed for five out of a total of nine wins. Anushri Vyas went 2-3. Lisa Nguo went 1-3 taking a win for the team and Natasha Evans took 2-3 wins also contributing to the team's win. Doubles did not give up one game to the Red Devils. Tiana Leung-Jessica Valenzuela had scores of 6-

2, 6-1, 6-0. Michelle Suyat-Rendell Gazzingan had scores of 6-1, 6-2; substitute Anabel Ramos took Gazzingan's place for the final set, 6-3.

On October 7, the ladies brought home another match as expected with a final score of 14-4 against the Baldwin Park Braves. Singles players only gave up one game. Evans went 2-1, Vyas went 3-0, and Nguo went 3-0 as well. It is obvious that singles were dominate in this game. Doubles players all went 2-3, giving up a game to Baldwin Park's number one team which was a definite chal-

lenge, but still taking enough wins to bring home a victory.

On October 12, the Covina Colts visited the Vikings' rented courts, only for a great disappointment. The final score was 12-6. Singles player Vyas went 3-0. Nguo went 2-3 and Ramos, who subbed for Evans, went 0-3. Doubles teams Tiana Leung-Valenzuela went 3-0, and Tiffany Leung-Cynthia Rendon went 3-0, contributing greatly to the win. Suyat-Gazzingan went 1-2, not doing their best but still helping their team get a win.



# Cross Country Holds Onto First

By APRIL BAKER

On October 13, the Northview cross country teams completed their second league meet at Bonelli Park in San Dimas. They ran against teams from Baldwin Park, Covina, Pomona, and San Dimas. Both varsity teams (both guys and girls) are currently undefeated with impressive records of 10-0. This is especially exciting for the girls' team because a Lady Vikings' varsity cross country team has not won league in 19 years. In addition, the J.V. girls' team is undefeated and holding first place, while the guys' J.V. team is holding onto second place.

According to Coach Miguel Canales, the two young women who really stood out at the last meet were



Jackie Juarez and Tatiana Padilla, who is only a freshman. Juarez took first place, while Padilla placed second. Rounding out the top five runners on the girls' team are Veronica Barajas, Lauren Brady, and Jazmin Juarez.

The top five varsity guys are David Smith, Jeff Watson,

Andrew Hernandez, Alex Munoz, and Chinnoso Anukor.

The meets that Coach Canales and the teams are most anticipating are the Mt.

Sac Invitational, league finals, CIF Prelims, and CIF Finals. Coach Canales stated, "We are looking forward to concluding our regular season and going to CIF/State."

# Lady Vikes Spike Into Action

By BREANNA KELLER

The Lady Vikes went at it again in a game against Centennial on September 28. It was not as successful as they had planned, with scores of 22-25, 10-25, 14-25.

Making a comeback, they won one of four games against Rowland on September 30: 14-25, 25-22, 14-25, 24-26.

After interviewing Coach Velasquez, it was clear that

he has a tremendous amount of love for volleyball and is going on his seventh season at NHS. He stated, "I enjoy working with the team, and I love the sport." Coach also indicated that the girls have an awesome floor defense. He hopes to finish the season third in league, but he knows that with hard work, the girls could make it to first or second place.

## New Tutors

*Continued from page 1*

Chris Duran also has experience as a tutor. Last year, he tutored at Las Palmas for both semesters. "My experience as a Las Palmas tutor has prepared me for this job," Duran said. "He was also very surprised to learn that he got the job. "I was really surprised when I heard that I got the position," Duran stated. "I couldn't believe it because so many qualified students applied."

"I wanted to be part of something that provides a place for students to not only do their homework, but also ask for assistance from a teacher or peer. I wanted to be part of this promotion for education," Anushri Vyas responded when asked why she wanted to be a Northview tutor. Like the other two seniors, Vyas has tutored at Las Palmas Middle School. She feels that her multiple AP and honors classes will make her capable to tutor others in many different subjects.

Justin Reyes is actively involved in extracurricular activities. He is involved in yearbook, ASB, drama, JSA and more. Throughout high school, he has taken many AP and honors classes. Reyes admits to having no previous tutoring experience, but has been going to the tutoring program since his sophomore year and feels that it is a job he can do well. When asked why he wanted to become tutor, he replied, "I think the program is an important step in bringing Northview to a higher academic level of success."

The tutoring program is

open Monday through Thursday from 4:00 P.M. to 8:00 P.M. in the library. The teachers in charge of the program are Ms. Connie Barnett, Mr. Todd Seagle, and Ms. Christina Wenger. To register for tutoring, you and your parents must sign up in the library during tutoring hours.

## Now You See Me...

*Continued from page 6*

was an old man with white hair, and he asked her to sit in the co-pilot's seat. She noticed someone standing beside the empty seat. It was not the co-pilot... it was the ghost of her mother. She looked beautiful, just like in her pictures, only she was crying. The ghost held a locket which Kathy had not seen since she was three. When she sat in the copilot's chair, her mother placed the locket around her neck. "I brought

## Homecoming Court

*Continued from page 1*

was excited and honored to be part of the court because out of all those deserving girls I was one of the lucky few chosen."

Karen Brown was nominated by AVID. She is involved in AVID, is the Drama Club secretary, is the

STOMP team vice-president, and is the secretary of her church newsletter. "I was excited and happy to know I made court," Brown stated.

Benaisa Ngwegni was nominated by Peer Mediation. She is a varsity cheerleader, a peer mediator, and a Girls' League member. She aspires to be a model. "I felt very honored that everyone voted for me," Ngwegni stated.

Kristan Alfonso was nominated by the Senior Class. She is a community service volunteer, a member of Girls' League, and a tutor. In addition, she works part time as a hair and make-up artist. As for being elected to court, Alfonso was relieved, "It felt like a big weight lifted off my shoulders, I had butterflies."

The student body has chosen these five lovely ladies to represent Northview for this Homecoming event. Be sure to attend the Homecoming game on Friday, October 29, to find out who will be the next Homecoming Queen.

# CONGRATULATIONS

TO THE

# HOMECOMING PRINCESSES

Tiana Leung, Monica Aguilar, Karen Brown,  
Kristan Alfonso, and Benaisa Ngwegni

## Community Service

*Continued from page 6*

may join any time and go as little as once a month or as often as three times a week. Covina Parks and Recreation also offers various community service ventures. For more information call their main office at (626) 858-7279. Covina Villa is looking for new volunteers. Volunteers are needed to call bingo, run games for the elderly, and set up events.

Irwindale City Hall is offering community service. The only restriction is that the opportunity is open only to residents of Irwindale.

For more community ser-

vice options, call the APU Community Center or the Volunteer Center of San Gabriel Valley. The number to the APU Community Center is (626) 815-3028. The number for the San Gabriel Valley Volunteer Center is (626) 792-6819.

## FAOM

*Continued from page 9*

motivation in maintaining great grades and a great performance in sports is her future. She believes the actions she makes now determine where she will go after high school, and she wants to strive to reach all of her academic and athletic goals.

When asked what athletes have inspired her the most, Kuhn replied, "The athletes that have inspired me the most are Misty May and Kerrie Walsh of the U.S.A. Women's Beach Volleyball Team. They did an awesome job this summer taking the gold at the olympics!"

## News Update

*Continued from page 6*

from the neck down as the result of being thrown from a horse and breaking his neck. His strength of mind and spirit showed him to be a true hero. He never gave up hope that he would walk again and he served as an inspiration to all.

Three days before that comedian Rodney Dangerfield died after having heart valve replacement surgery, and three days before that actress Janet Leigh died.

## SAT/ACT

*Continued from page 8*

ACT including: a guessing penalty, more vocabulary, and questions other than multiple choice. The ACT is more straightforward, but it does not cover advanced subjects.

Choosing which test you take or if you take both is completely up to you. A good thing to do is check the requirements for the college you want to attend. It all depends upon what kind of test taker you are as to which

one you will do better on. One reason to take the ACT is because schools such as Boston College and Duke do not require you to take the SAT II if you have taken the ACT. Policies do vary from school to school.

Just remember not to miss the deadlines for registration for either or both tests. It would not hurt to try both. Talk it over with your counselor. For all underclassmen, don't forget that there are practice tests such as the PSAT (which has already been given this year) that will give you a taste of what the real one will be like.

## Scary Halloween Places . . .

*Continued from page 7*

parents' home because she refused to be a part of an arranged marriage. She didn't come back. She died in 1926 in a flophouse in Montana. Flora was wearing a bridal gown, and to this day her ghost is still seen in that same dress, walking up Nob Hill. The ghost appears early in the morning or late at night when there is no traffic.

Recent sittings of ghosts have occurred at all of these spots. You can visit these places, but it is never guaranteed you will see a ghost. What you will know, or maybe even feel there, is that you are in one of the most HAUNTED places in California.



**HAVE A SAFE AND  
FUN HALLOWEEN**