

Northview Valhalla

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Covina, CA 91722

Formal Promises 'A Moment Like This'

By LISA AVILES

The ballots are in, your Winter Formal court has been chosen, and the nominees will be presented to you at the Winter Formal rally on January 31, 2003. Each class voted for whom they wanted to represent them at the Winter Formal, which will be held on February 1 at the enchanting Pacific Palms Resort and Conference Center in Industry Hills.

First and foremost representing the Senior Class guys is Juan Castro, who currently plays on the varsity basketball team, and Rudy Estrada, who played on the varsity football team.

This year representing the females is varsity cheerleader Myra Cervantes who stated, "I feel excited and happy. It's a really nice feeling to know that you're a princess, even if it's only for a day, and fake because I don't have a country to rule." When asked, "If someone else won, what would you say to the queen?" she kindly responded. "I would say 'congrats' and I hope that you'll enjoy this moment to the fullest." She will be attending this dance with Ernie Gonzalez.

Princess #2 is Mary Magaling who stated, "I am



Back row: Rudy Estrada, Rhea Nuguid, Shaqura McGhee, Mary Magaling, Myra Cervantes, John Herrera, Juan Castro,
Front row: Suzy Quintanilla, Remington Hawkins

definitely excited because this is a once in a lifetime chance that I will be able to experience 'A Moment Like This.'" Magaling is this year's ASB secretary and is involved in a variety of activities such as Drama Club, journalism, and Girls' League. At the dance Magaling will be on the arm of boyfriend Justin Wallace.

Moving on to juniors. John Herrera and Shaqura McGhee won the election. For sophomores, Remington Hawkins and Suzy Quintania were chosen, and last but not least, the freshman princess is Rhea Nuguid and the prince is Jonathan Compos. All these lovely young men and

women have been given a once in a lifetime opportunity because this moment will be one of the very special moments of their high school lives.

To find out who will be crowned this year's Winter Formal King and Queen, you must attend the dance on Saturday, February 1. This will be a night that you just can't miss. It will be your once in a lifetime chance to experience "A Moment Like This."

Jones Flies To Success

By NESHA HUNTER

Last year we did a feature story on Kris Jones about him flying planes. Now we are honored to say that after six years Jones will receive his pilot's license.

Kris Jones has been flying since he was ten years of age. In fact, Jones took his first lessons when he was 10. He attended flight school at Brackets Airport, but is now at Lighting Flight Center in El Monte. He will remain a student until he turns 17. "You can fly solo when you're

16."

When asked what made him want to become a pilot, Jones responded, "When my



dad used to take me to the airport (LAX) to watch the planes fly by, I was so fascinated with the aircraft."

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Don't Send Women To Fight A Man's War

By JESSICA FLORES

Recently Congressman Charles Rangle (D-N.Y.) proposed legislation to restore a military draft. This draft would not only require men ages 18-26 to serve if called, but also women 18-26. Yes,

women. Even more bizarre than forcing women to go to battle is the reason Rangle proposed such legislation. In fact, Rangle's legislation is an attempt to make the President and other pro-war politicians wary of war. He believes that

if the draft were restored, including men and women, Congress would try to solve international problems diplomatically instead of going to war. My question is, if the draft were restored, and President Bush does declare war, what then? Will America expect thousands of young women and men to pack their bags and head off to Iraq? These are not the days of World War II, when soldiers actually felt they were fighting for something, a cause. As evidenced during the Vietnam War, most people disagreed with the war

and didn't understand their reason for fighting which may have contributed to America's great loss. This is exactly what would happen if another draft was implemented, not to mention including women in the scene. Most women oppose war, and those who don't have the right to enlist in the army, but to expect the average 5'4", 125 pound, 18 year old to take up guns and trudge through the desert is insane. Some disagree with that statement commenting, "Well, didn't women ask for equal

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Now Is The Time To Put Up

By DANIEL MALIGNAGGI

Hey! All right all you women activists! Now is your time to truly help this country step forward towards equality. With war approaching and the possibility of reinstating the draft not far behind, it's time that women start marching on Washington, D.C., demanding to be drafted the same as men. So what do you say?

What, no answer? Since talks about bringing the draft back have begun, I'm pretty sure I haven't heard too many

equal opportunity, women-are-just-as-good-as-men activists, going on talk shows and challenging government officials to make sure that women are also drafted. But what gives? If you really want to prove that women can do the same things as men, and can hold the same jobs, well why not make sure that whatever draft bill might get passed makes sure that women are included on it. I mean, what better chance than in the face of war to

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Wilkins Proves Herself As YWOM

By **SHAUNA SUNDBERG**

Varsity softball (4 years), varsity volleyball (3 years), travel softball outside of school, yearbook editor-in-chief, GALS member, Girls' League member, CSF member, Quill & Scroll member, ASB Commissioner of Girls' Athletics, as well as being

involved in church activities, and taking AP classes. This may seem like a lot to handle, but for Carriane Wilkins, it definitely is not. For the month of January, Wilkins has proven herself as Young Woman of The Month.

When asked how it felt to be recognized for her

achievements, she replied happily with, "I was very excited, because it was nice to be recognized for my work."

While being an active member in various clubs and sports, Wilkins has maintained good grades in A.P. and Honors courses. She is a hard working student and determined to do her best in all that she does.

After high school, Wilkins plans to attend college and then pursue a career in politics. Ten years from now she hopes to be advanced successfully in her career. She definitely wants to be someone people can look up to, but at the same time she feels it is a huge responsibility.

When asked if she has someone she looks up to, she said, "Yes, my older brother



and sisters because they have set a great example for me to follow."

Wilkins is most proud of her academic accomplishments including her good grades in A.P. and honors classes.

It Can't Get Any Worse

By **COURTNEY WOODMAN**

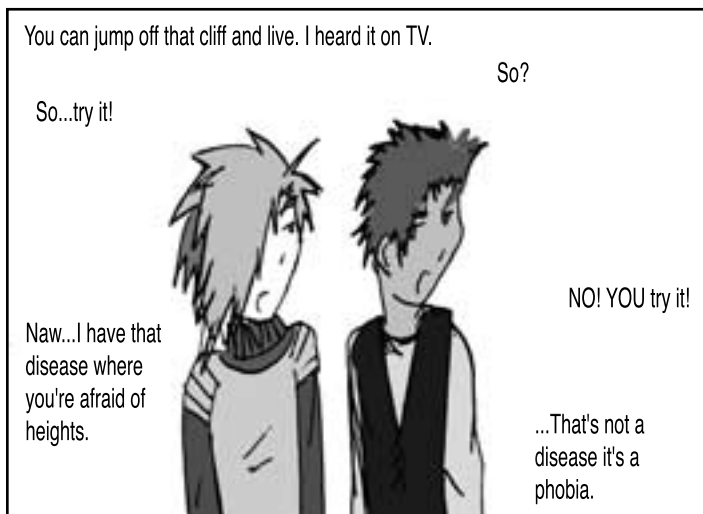
Just when we thought it couldn't get any worse than "Fear Factor," it has! It is called "Worst Case Scenario."

The show has many crazy stunts, that in the right moment, you might just find useful. For example the host says things such as, "What would you do if you were on the roof of a burning building

"Aim for a dumpster."

The show also offers advice about what to do if you were falling down a mountain. Some helpful tips, "Keep your chin tucked into your chest so that you won't break your neck."

The show can also help/prepare you for other situations as well. For example, do you know what you would do if you came home and



and had to jump off?" Then the answer comes when dopey stunt people show up in brightly colored jumpsuits, and tell you things such as,

there was a bobcat in your room? Or suppose you were stuck in a snow storm, how would you build an igloo or

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Come Get Your Free Money!

By **LIGIA MORENO**

Hello, my fellow seniors. This new semester, and new year I might add, are very important because of the simple fact that we graduate! This September many of you are going off to college and starting a career in due time. Yet there are many of you out there who did not even apply because the cost is way too pricey. I have a solution that many of you are aware of already, FAFSA!

Now the deadline is March 3, so that means that if you have not already sent in the application, send it! But for those of you who don't have a clue where to

begin, don't worry I have the 411 on it.

First off, go pick up a copy of the application in the counseling office. Now you need to read step by step the instructions to fill out your part. Your parents' part of the application is a little more time consuming since they do need to check on their taxes.

You need to know that there actually is free money so you can pay for college. If you need help filling out the application or need more information you can call 1(800)4-FED-AID or you can go to the website at www.studentaid.ed.gov, and don't forget the deadline is March 3.

Welcome To Hometown America

By **SILVIA PEREIDA**

Most of us think that Covina is one of the most secure, friendly and safe neighborhoods to live in. But did you know that we're "Hometown America?" If you have been to Downtown Covina lately, you may have seen the light posts with banners stating our motto: "We're Hometown America." This motto is a great improvement over the last one: "A mile square and all there."

Covina was established on a 2000 acre tract that was purchased from the Hollenbeck holdings by J.S. Philips in 1882. The city of Covina was given its name by a young engineer named Fredrick Eaton who was hired by Philips to survey the area. Struck by the way the San Gabriel valleys seemed to form a natural cove around the vineyards that had been planted by settlers, Eaton combined the words Cove and Vine, and ended up with the name Covina for the new township.

Covina was once the township of the Southern California Citrus Belt, and for more than 50 years the cultivation of oranges and lemons was the city's economic mainstay. Citrus Avenue derives its name from the large groves of oranges that once covered the area.

Covina has friendly, safe, and secure neighborhoods. The city has its own police department, a successful program to control crime in stable old fashioned neighborhoods. In fact, according to the latest FBI



numbers, Covina has a lower crime rate than wealthy communities such as Newport Beach, Irvine, and Beverly Hills.

There are eight major parks, two softball facilities, and one small neighborhood park in the city of just seven square miles.

Covina Annual Christmas Parade on Citrus Avenue lights up the faces of the children. Covina's Christmas parade is the third largest holiday parade in Southern California.

Covina is a community with quality schools. Charter Oak Unified School District and Covina Valley Unified School District provide schools that have been recognized for excellence. In fact, Cedar Grove Elementary and Ben Lomond Elementary schools have both been named California

Distinguished Schools by the state.

So if anyone asks you

where you live, reply with, "I'm from Hometown America!"

Wanted: Dates for Winter Formal

By **MICHELLE SUYAT**

Are you paranoid? Are you stressing about being solo for Winter Formal? Well, now you don't have to worry because you're not alone. If you are interested, ask one of these qualified dates to escort you.

Tina Ngo, 12 - Desperate hot Asian girl, in need of date. Must be male.

Truyen Phung, 12 - Pleeeease! Take me to the dance! Anyone!

Enrique Martin, 12 - I am single, free and fresh. Hit

me back. I can be your hero, baby!

Jade Lugo, 12 - Hot! Wild child looking for another date so I can have one guy on each side. I'm seeking Tim Ramos with those perfect arms. Oh baby!

Amber Rose, 12 - 50% single girl looking for my little Indian to join me at the big pow wow.

Adan Rodriguez, 12 - Tall Mexican looking for my "Secret Admirer" girl. Just pretend it was Michelle (wink wink)!

We All Have Fat We Cannot See

By **GABRIEL HERNANDEZ**

Ever think you were slim enough to be safe from the life threatening effects of fat? Or perhaps you thought you were just chubby in the middle and could work it off anytime with no harm done? Well, according to current studies, researchers have found a hidden risk factor called intra-abdominal fat. In contrast to the fat we are all thinking about, that blubber we see jiggle, this is the dangerous kind of fat we are not able to see that lies around our organs deep within our belly.

Now, before ruling yourself out, let me make it clear

that it effects everyone and anyone. If you're walking around with that extra, but small, layer of fat you wish was a "six -pac," it is likely that you have it. Intra-abdominal fat is not only affecting the increasing number of obese Americans in the United States, but also affecting those who are not. This is that little bit of fat we cannot see, but we know is there.

You may be asking: how do you know it's there? To test it out, try this: lie on your back and look at your lower belly. You see that fat that "pushes your muscles out"? Well, that's it! If you happen to see it and want to get rid

of it, don't worry. This fat is controllable through exercise. A recommended 45 minutes of cardiovascular exercise, five times a week, with a possible twice a week weight training should put you in the clear. Although, before you think you can change the number on your

license, don't expect to see the needle on the scale move when this fat is lost through simple exercise. If you do not see weight changes, researchers say you'll see it in healthy years. So next time you chow down at "Mickey D's", think twice because you could be feeding that

More Than Just Fun In The Sun

By **EMILY RIOS**

Finding the right college is never an easy task. Consider this, a beautiful 830-acre campus nestled in the Santa Monica mountains overlooking the Pacific Ocean in Malibu. If this sounds like a place you would enjoy, then you might want to consider looking into Pepperdine University.

Western Auto Supply Company founder, George Pepperdine, started the college in 1937. Pepperdine founded the college because he envisioned a school with high academic standards guided by the ideals of the Christian faith. It has become an institution that prepares young men and women for a life in a competitive world and helps students build a strong foundation of Christian character and faith.

Pepperdine is an independent, private university that has an approximate enrollment of 8,000 students on its five colleges. The five colleges within

Pepperdine are Seavers, Graziadio, School of Law, School of Public Policy, and School of Education and Psychology. Seavers College offers a variety of majors from pre-med and pre-law to advertising and journalism. The Graziadio School of Business & Management offers majors that include business and corporate education. The Pepperdine University School of Law is self explanatory. The Pepperdine University School of Public Policy offers majors that include political studies and international relations. The Pepperdine University School of Education and Psychology offers doctorate degrees in psychology.

More than 50 percent of undergraduate students spend a semester studying at one of Pepperdine's well-known international campuses in Heidelberg, Germany; London, England; Buenos Aires, Argentina; or Florence, Italy.

The university of
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New Year Begins With Esseling

By **STACI RUBI**

The year 2003 brings many things to many people, and it just brought Charles Esseling the title of Young Man of the Month. Esseling said that he feels very honored and proud to be named YMOM. He also stated that, "I don't know if I deserve this honor, but I'm really glad to have received such an award."

Esseling would describe himself as an everyday person, just doing his job "to succeed in life and become something or someone." For someone as involved as he is, that won't be hard to accomplish.

At school, he is involved



in the Northview Drum Line, and outside, he is an Explorer captain for the West Covina Fire Department. He also tutors children at the Covina Library.

Esseling's plans for the
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A Little Chivalry Goes A Long Way

By ERIKA MAGDANGAL

The Winter Formal is quickly approaching, and with Formal comes the worry of impressing the date. How to deal? Woo your date with good manners! It's true: girls love chivalrous guys and guys adore ladylike girls. Have no idea whatsoever about the rules of formal etiquette? Just follow this step-

by-step guide from the beginning to the end of your Winter Formal Date.

Guys: When you pick up your lovely lady, do not be late, but arrive about ten minutes early. This way, if you have not yet met her parents, this will be their chance to get to know you and for you to win their approval. When you introduce yourself, smile,

give them a firm handshake, and address them as "sir" or "ma'am." This is a sure way to impress them. Do not, under any circumstances, forget to bring the corsage!

Ladies: Do not keep your date waiting, but be ready as promptly as possible. The proper placement of the boutonniere is on the left lapel through the small buttonhole.

Holding the flower in place, insert the pin into his jacket, then up through the fabric and flower stem and back into and out of the fabric. Likewise, the corsage, if a wrist corsage, should be worn on the left hand, or pinned to the left front of her dress.

Everyone should already know this rule, but, gentle-

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A Short Course Of Daydream 101

By COURTNEY NEWMAN

Picture this, you're in the middle of your English class and all of a sudden you're on a beach in Australia with a really hot rock star. Twenty minutes later, your teacher is furious because you can't tell her who Hamlet killed in his mother's chamber. What happened? Well, you were daydreaming.

Daydreaming is different from night dreaming or "regular dreaming." For one, you aren't in R.E.M (rapid eye movement). Studies have shown that when you dream at night, your body goes through R.E.M. Other parts of your body also react. Your pulse quickens and your breath shortens, your muscles contact and sometimes you talk. When you daydream, on the other hand, it's just your mind wandering on hopes and dreams. Most don't have bad daydreams because you're awake and control what happens, so your rock star isn't

going to turn into your geeky friend unless you want him to.

Daydreaming is fun, and helpful. It's a perfect way to act out situations before you do something irrational. Talking to a crush, confronting a friend, or even asking a question, you can totally use daydreaming to your advantage.

The downside, however, (and there's always a downside) is that most of the time when you daydream, you kind of lose touch with the rest of the world. That's where the phrase "spacing out" comes from. That's why when you come out of a dream, you usually are pretty lost as far as current events.

Daydreaming is really fun. I, for one, probably daydream more than the average person and that's why one of my good friends nicknamed me "Space Cadet," but it's not good all of the time. So have fun! Just make sure not to dream your life away.

I spend \$300 and FIVE HOURS getting ready and YOU show up looking like a rag doll! You are such... ARG!

I'm sorry. So the Winter Formal is like... formal...so...

That you have to dress FORMAL? YES!



Picture Yourself An Aerospace Engineer

By MARY MAGALING

Picture yourself ten years from now. Do you see yourself working in a big office, a hospital, or an actor on television? There are hundreds of careers that are out there for everyone. Envision having a career as an aerospace engineer.

Aerospace engineers perform and supervise design, development, manufacturing, and maintenance work on all

types of flight vehicles including military and civilian airplanes and helicopters, missiles, launch vehicles, spacecraft and satellites, and control and audience systems. Some personal requirements are a necessity such as: the ability to communicate well, both orally and in writing; the ability to work in a team; interest in technical and engineering work; and the capability of analytical and

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“If you could create your own law, what would it be and why?”

Roxanne Breceda, 12- “Freedom to expose yourself in public areas.”

Renee Fuller, 9- “It is your choice if you want to go to school or not.”

Keena Turner, 12- “I would want a law that everyone from California received better benefits.”

Brandi Mendez, 11- “Your dreams are guaranteed to come true!”

Sheena Galindo, 9- “That you don’t have to be 21 and over to gamble...cuz Las Vegas is the bomb!”

Chris Guevara, 9- “That there was no age limit to drive.”

Mayra Cervantes, 12- “I would make a law that would make child molesters put to death: one strike out...for good.”

Shamina Adame, 12- “I

would make a law where you don’t have to have a curfew if you are younger than 18.”

Daniel Garcia, 11- “I would make a law where minors should be able to vote, because sometimes we get treated for adult punishments. We receive the same punishments they do.”

Kady Bell, 12- “Goo Goo Dolls Day is April 13th.”

Manly Cortez, 12- “Two

days of school a week and six days off!” (Sorry, I can’t do math.)

Nikki Salazar, 10- “If you’re a football player, you must give cheerleaders treats.”

Lisa Aviles, 12- “I would have a law that would prohibit knuckle cracking cuz I can’t stand that noise.”

Tomas Silva, 12- “My law would have to state that everyone under the age of 18 is entitled to free licorice.”

Anthony Aglugub, 10- “My law would be to let everyone in the world run butt-naked.”

Katie McDowell, 12- “My law would be that no bread company can make bread with crust (for you Sara).”

John Garcia, 12- “It would be a no stupidity law. A lot of people break that law.”

Bryanna Valle, 10- “It would be a law that would only allow kids to go to school once a week!”

Rigo Rodriguez, 12- “To ban science classes from schools.”

Amanda Farrar, 12- “I would make a law that wouldn’t let boys to break girls’ hearts.”

Brandon Simpson, 11- “My law would be 180 credits to pass school.”

Mr. Klaus, physics teacher- “The volume that music is played at would have a direct mathematical relationship to the quality of themusic.”

Try A Good Change Of Pace

By MARK NEVAREZ

We all feel comfortable going to our favorite restaurants because we enjoy the food. Like all things, however, it is always good to try something new. If you have reached this position already, you can try these next two restaurants for a change. They are both original, delicious, and probably a good change of pace.

Buca di Beppo, located in Claremont, has to be one of the best Italian restaurants around. This includes both the atmosphere and the food. When you walk in, the aroma is the first thing you notice. The next aspect that I enjoyed the most is the complimentary tour through the kitchen! I could barely see walls on this place because of the number of pictures and knickknacks everywhere. It made the atmosphere seem more fun and interesting rather than conservative or fancy like other restaurants. Also, it gives you something to look at

while you’re eating. The service is incredible, especially for someone who hasn’t been there before. They are very helpful in letting you know where the menu is (it’s not at the tables, but on boards around the restaurant.) and they answer any questions you have.

Since the food is served in family-sized portions, they recommend that you order a couple of items to share. My party ordered the Buca Per Due special. You get one of their baked dishes, such as ravioli or manicotti, with either veal parmigiana, chicken parmigiana, eggplant parmigiana, or lemon chicken. We chose the ravioli and chicken parmigiana. The sauce on the items was exceptional, accented with garlic and herbs. The chicken was tender and only lightly breaded, which is best. As a side, we had garlic cheese bread. This is the best bread I have ever had. It even had fresh garlic pieces on top. To

cleanse the pallet, we enjoyed the most light and fluffy cheesecake I have ever tasted.

California Pizza Kitchen, located in many places, including Santa Anita Mall, has an interesting array of pizza choices. Although they have your basic pizza toppings, such as pepperoni, mushroom, and ham, this restaurant focuses mainly on odd toppings: things that you wouldn’t normally think could be on a pizza. The atmosphere itself is fancy, but not overly fancy, and it’s very California.

The first member of my party had a three-cheese pizza. The cheeses of choice were mozzarella, provolone, and Parmesan. Each pizza is small, but it definitely will fill you up. The next member of my party had a pepperoni, mushroom and sausage pizza. Although those were basic toppings, it was still exceptional. I chose the barbecue

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The Intellectual Melting Pot

By NATALIE MEZA

SOME QUOTES . . .

"I hate quotations, tell me what you know."

-Ralph Waldo Emerson

"Don't let school interfere with your education."

-Mark Twain

"You, yourself, as much as anyone in the entire universe, deserve your love and affection."

-Buddha

"What lies behind us and what lies before us are small matters compared to what lies within us."

-Ralph Waldo Emerson

"Each day silently affirm that you are the type of person with whom you would like to spend the rest of your life."

-Bob Moawad

PROVERBS . . .

A little too late, is much

too late.

(-German)

After the game, the king and pawn go in the same box.

(-Italian)

Don't think there are no crocodiles because the water is calm.

(-Malayan)

A half truth is a whole lie.

(-Jewish)

A journey of a thousand miles begins with a single step.

(-Chinese)

First deserve, then desire.

(-English)

POEMS . . .

"Trees"

By Joyce Kilmer

I think that I shall never see

A poem lovely as a tree.

A tree whose hungry mouth is pressed,

Against the earth's sweet

flowing breast;

A tree that looks at God all day,

And lifts her leafy arms to pray;

A tree that may in Summer wear

A nest of robins in her hair;

Upon whose bosom snow has lain;

Who intimately lives with rain.

Poems are made by fools

like me,

But only God can make a tree.

"Earth"

By Oliver Herford

If this little world tonight Suddenly should fall through space

In a hissing, headlong flight,

Shriveling from off its face,

As it falls into the sun,

In an instant every trace Of the little crawling

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Your Future Is In The Stars

By JANETTE VENEGAS

Aries (March 21 - April 19)

You are in control of your own destiny. There is absolutely no reason to hold on to extra baggage today, Aries. You have to learn to let go of whatever is bothering you, especially if it's something that you can't change. A hidden element of your struggle deserves closer examination. It might be better to focus on the trees rather than the forest right now. You can have a stunningly positive effect with the power that's at your command. Romance: Take the lead if your partner is unsure about what happens next. Be gentle but firm when helping to solve his or her problems. There's a time for dreaming and a time for getting down to business. It's up to you to decide which is which.

Taurus (April 20 - May 20)

The chicken's come home to roost. The consequences of some past actions must now be addressed in a workmanlike manner. The sooner you own up to the act, the sooner you can get started on finding an opportunity in this situation. Your interests are best served when you keep smiling and make it look easy. Romance: This relationship has to be good for you. You've been around enough to know the danger signs, and you're not seeing any of them here. Now you can stop worrying and start relaxing. Love is here to stay.

Gemini (May 21 - June 21)

Sometimes things really are just as good as they look! Today you are surprised to find that the substance of an

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Hip Huggers Cause Hip Hazard

By BRANDY MATTHEWS

Doctors have found in a recent study that those fashionable hip huggers, or low rise jeans, are costing you more than your money. In these recent studies, they have found that low rise jeans actually are causing those who wear them health problems.

The tight low rise jeans can squeeze a sensory nerve under the hip bone and cause a tingling or burning sensation in the thighs called "paresthesia." Doctors recommend

turning in those low rise jeans for the traditional waist cut jeans or loose fitting dresses, although the problem is not life threatening. In the patients that have had the problem, the symptoms went away after four to six weeks by avoiding the low rise jeans and switching to loose fitting dresses.

Now that these hip huggers have been back in style, doctors can expect to see more patients with the tingly thighs, although the jeans

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Kicking To Score For Victory

By DAICHI PANTALEON

Gooooaaallll!!! Imagine, scoring a goal during a game. Excited and exhilarated, you take yourself out of your own celebration and focus back to the game. To add more to the satisfaction, you score the game winning goal. Okay, get out of your sports fantasy and snap back to reality.

Reality, that's what Northview's girls' varsity

soccer team has been facing. With their performance enhancing and constant improvement, Coach Jennifer White could be nothing more than proud of her girls.

Although the Lady Vikes did not walk off of the field victorious against hometown rival, the Covina Colts (3-6), the team played extreme defense and gave it their all. The Ganesha game might be another loss in their record (1-3), but Coach White contin-



ues to be optimistic.

"...I expect to beat Pomona, Baldwin Park, and possibly Covina," Coach White stated regarding her expectations for the aforementioned games.

Anticipate a successful season from this group of well rounded girls. But if you can't simply just read about the game, come out and support your fellow Vikings and witness their skills on the field.

Vikings Dominate Colts

By KELSEY ROSE

With a 6-0 victory over rivals, the Covina Colts, varsity boys' soccer started off league with a victory. On January 15, the Colts came to Northview's field and were dominated.

Robert Hendricks scored three goals, with assists by Leo Moran, Jorge Laparra and Rigo Jaramillo. Moran scored the next goal with an assist from Laparra. Gabriel Pimentel,

with an assist from Pierre Valdez, and Johnny Granados, with an assist from Matt Hidalgo, both scored to make the final score 6-0.

With a victory behind them, the Vikings went out on January 16 to play the Ganesha Giants. Unfortunately they lost, but came back to beat San Dimas, 2-1. Moran had two goals with assists from Rene Dimas. The second goal was a penalty kick.

With two wins and one loss, the team was confident to play the newcomers to the league, Pomona. The Vikings lost 4-1 with Hendricks scoring the Vikings' lone goal.

Putting the losses behind and only looking ahead, the boys are up for a challenge when they play Baldwin Park. After that they start over and look to dominate those who beat them.



The Vikings are 3-2 in league heading into tonight's big game against the Covina Colts



Lady Vikes Continue To Roll

By ANDRO ESPIRITU

The Lady Vikings took on the Gladstone Gladiators for one last tune up before league play began. It was the second time they played each other this season, and the outcome of this game proved to be no different than the first. The home court advantage was a factor for the Vikings as they took control from the start. With their intense pressure defense, the Vikings were able to take a comfortable 32-17 halftime lead. They continued to dominate the game in the second half and were led by senior Desiree Flores, who had a game high 19 points and 9 rebounds. Alex Contreras finished the game with 13 points and Dana Blue added 11 as the Vikings beat the Gladiators for the second time, 53-38.

The Lady Vikes opened league play against cross-town rivals, the Covina Colts. Once again, they dominated the first half of the game. Flores hit four three-pointers in the half as the Vikes built a 33-17 lead. The Colts fought their way back, but posed no serious threat as the Vikes held on to the lead and eventually won the game, 48-43. Flores added another three-pointer and finished with another 19 point effort. Blue scored 15 points, while Contreras and captain Crystal Fraijo added 6 a piece.

The Lady Vikes then traveled to Pomona to battle the Ganesha Giants in an early bid for league supremacy. The Vikings were unable to

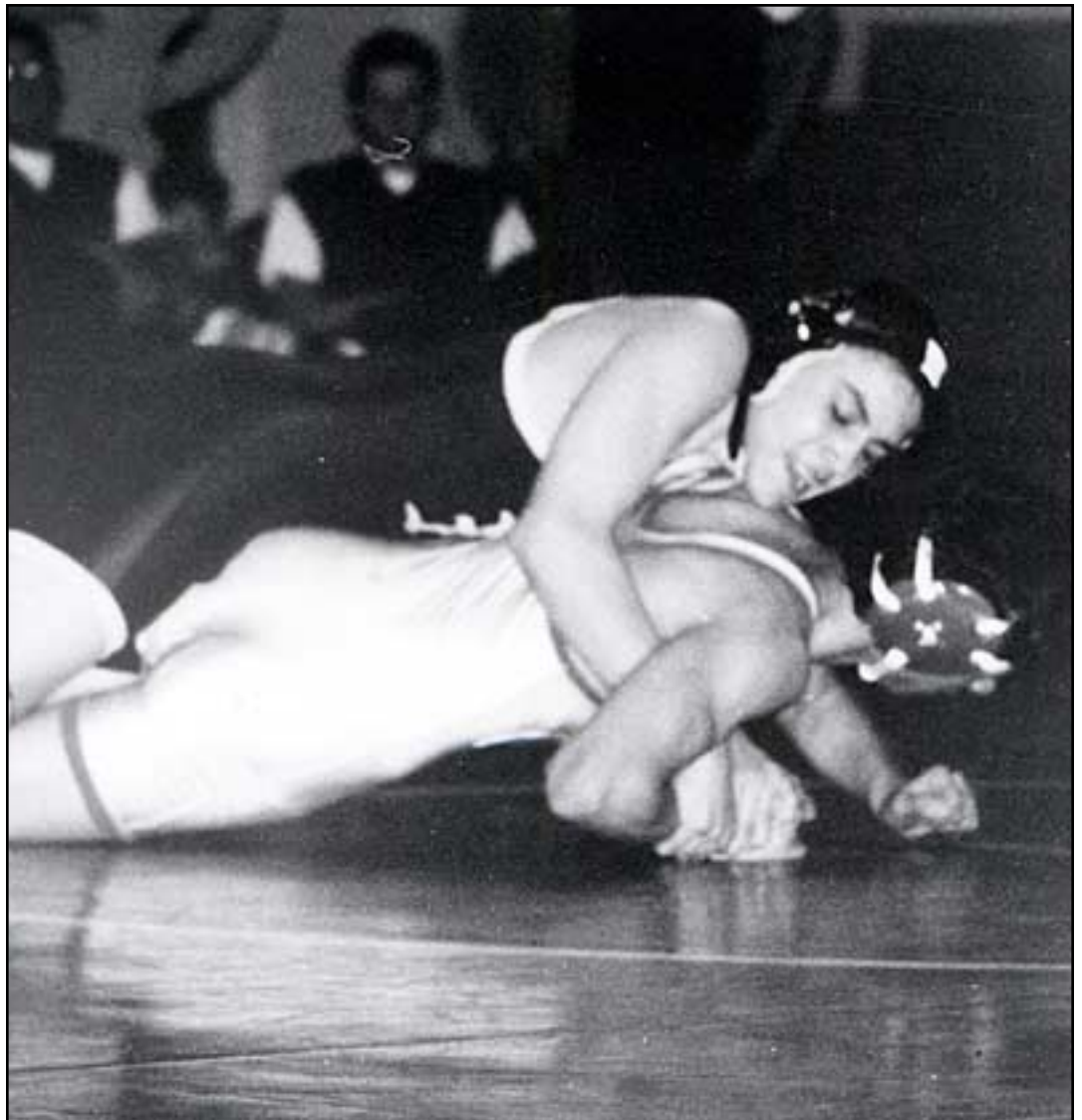


dominate the first half as they had in the prior two

games, in part because of All-CIF Selection Alexis Pope of the Giants, who finished the game with 17 points. However, the Vikes did finish the first half with the lead, 19-17. The Vikings then took control of the game in the third quarter when Flores scored eight points, including two more three-pointers, as they opened up the game, 36-

26. The Vikes closed it out and won convincingly, 50-37. Flores once again led the scoring attack with 18 points. Contreras scored 12, and Blue added 9 more.

The Vikings moved up in *The San Gabriel Valley Tribune's* rankings to #8 in the valley and finished the week off with an impressive 11-4 record.



Varsity wrestling continues this season undefeated.

Chris Jones: Flying High

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Jones has flown through John Wayne, Orange County, Mc Kerren International Airport, Las Vegas, Salt Lake City, and Denver. "It's always fun going cross country." He even flew over the District field right before a football game this year.

Every pilot has his own way of preparing to fly, so Jones was asked to describe his, "Before you fly you do what you call 'pre flight.' You check all of the instruments, controls, engine, cabin, and everything else on the plane."

When asked, "Do you plan on flying in the future?" Jones answered, "Yes, I plan on flying for an airline after high school. I probably will be flying for United Express.

In my senior year for about four or five months I will be a CFII (Certified Flight Instructor Instruments),

teaching people to fly. To fly for major airlines you have to have a bachelor's degree, so I am going to go to Southern Illinois University and get my degree in Aviation

Management."

The next time you take a trip, check out your pilot because it might be the one and only Kris "Reverend" Jones.

Woman's Right To Fight

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show that women are just as capable as men?

It's not like women haven't participated in war efforts before, filling positions such as nurses, but this time, if women are drafted and sent away to war just like the men, they'd be truly recognized as able to serve in the military and really help a war effort, and really, just as able as men. Even the chauvinists would have to agree.

I believe that women are capable, not only in combat, but in all other parts of the military. However, there are so many others who do not agree. So why not the rush to be drafted? I say if you're going to take away men, take

the women also. Hopefully there won't be a war, and if there is one, a draft won't be necessary. If there's a war and we're forced to fight, we might as well do it all together. Equal opportunity isn't a pick and choose thing, people. That's why now is the perfect time for women to put up and make a statement!

Don't Send Women To War

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rights?" Yes, they did: the right not to be discriminated against because they're women, but not the "right" to die in combat. I don't really think that's a "right." Rangle adds, "This legislation is necessary to achieve a full sharing of the sacrifice which will be required... if the President chooses to invade Iraq." The sacrifice will be great with or without the draft. To include women not only would be a detrimental step to society, but it would also cause social and economic problems. For instance, many speculate that if a draft were restored women would get pregnant so they wouldn't have to go.

This would cause a baby boom in the already over-populated country. In the social sphere, there would be a lack of work force in our country by sending our prime youth to the Middle East, possibly causing a depression.

Rangle may choose to avoid war by scaring politicians off with a proposed draft, but the fact still remains: instilling a draft for men and women does not make war impossible. The negative consequences of war are inevitable. Nothing good will come out of it. People will die, mistakes will be made, and sending women to fight a man's war is the greatest mistake of all.

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chicken pizza that was topped with chicken, barbecue sauce, and mozzarella cheese.

Buca di Beppo is a little

more expensive than California Pizza Kitchen, about \$50 for three. But remember, you do get a lot of food. Enjoy!

Restaurant Review

This stuff is really good. Can I have some more?

You're supposed to use the fork.

It's more fun this way!

Next time Mom's taking you no matter how much I get offered to babysit.



Formal Etiquette

Continued from page 6

men, to be the proper date, you must never let your date open a door. When you walk out to the car, open the door for her and help her in. When you arrive at the dance, open the car door and help her out. When you enter the building, open the door and make sure she goes in first. It is the oldest rule in the book, but it really does touch a girl's heart to know she is accompanied by a gentleman. Don't forget to pull out the chair for her at the dinner table.

The biggest part of etiquette is table manners. Because you are eating at a finer, fancier setting, you should not dine as you would at home. Here are a few pointers be sure not to miss:

- Before you begin eating, place your napkin on your lap.

- Maintain good posture and keep your elbows off the table when eating.

- When cutting something, keep your elbows as close to your body as possible.

- If eating meat, cut and eat one piece at a time.

- If eating pasta, do not slurp dangling strands, but cut them with your front teeth and hold with your fork.

- If served soup, sip your soup quietly and spoon it away from you.

- When someone asks for the salt, also pass the pepper. The two always travel together.

- When passing food, pass it counterclockwise, or to the left.

- Do not eat too fast or chew too loudly.

- Do not start eating until

everyone else at your table has been served.

- If you must excuse yourself during dinner, do so discreetly and leave your napkin on your chair.

- Do not lick your fingers or your lips. Use your napkin.

- Do not use a toothpick at the table.

New Year Begins With Esseling

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future consist of going to college and receiving both his bachelor's and master's degrees, as well as being a firefighter at the same time. He also hopes to further pursue his plans with the West Covina Fire Department. So far, Esseling stated that he is

most proud of "becoming a Fire Explorer captain and getting certified and also passing our fire academy."

In his life, Esseling said that he looks up to his girlfriend Christina, "for being there for me and being such a strong hearted and caring person." When asked if he

While on the dance floor, don't flirt with other people. Keep your date entertained and when it's time to go home, thank your date for the great evening you've had. If you are providing the transportation, make sure you get your date home by curfew.

Keep these rules in mind, and you are ensured to be a great date and have a great time. Have fun and be safe!

More Than Just Fun In The Sun

Continued from page 5

Pepperdine has become well known for its 14 NCAA Division I intercollegiate sports teams which include baseball, basketball, cross

country, golf, tennis, volleyball, and water polo for men. The women's teams include basketball, cross-country, golf, soccer, swimming, tennis, and volleyball.

Whether or not Pepperdine University is one of your college choices, you should visit this beautiful Southern California college to enjoy the view, if nothing else.

Aerospace Engineer

Continued from page 6

problem-solving ability and normal colourvision is important.

A variety of tasks that aerospace engineers complete are developing procedures for the repair of aviation components, initiating and managing schedules for

repairs and maintenance. They also draft designs, parts and support equipment by preparing drawings and making mathematical calculations. They assess mechanical systems and evaluate new and used aircraft.

Becoming an aerospace engineer requires the com-

pletion of a bachelor's degree in engineering with a major in aeronautical or aerospace engineering. A completion of NTCE is required with passes in English, mathematics, physics, and chemistry. The salaries for these engineers can start up to \$68,000 a year. California has a major population in this field in comparison to the other states in the U.S.

Your Future Revealed

Continued from page 8

attractive person matches up to his or her image. You could fall in love easily, although why complicate a perfect friendship? The choice may not be entirely up to you. You are tempted to throw caution to the wind. Consequences aren't that important to you right now, but they will be tomorrow. Romance: Your partner falls in line with your plans. He or she appreciates your good ideas. Love inspires you to come up with these things. Maybe it looks selfish to an outsider, but you're really doing this for both of you.

Cancer (June 22 - July 22)

Sometimes it's okay to not want first prize, Cancer. Perfectionists may be disappointed, although minimal requirements are easily met. The more you strive to be Number One, the harder it is to keep up with your competitors. Your public has no trouble seeing through the cracks in your facade. Nobody's perfect, so why do you expect it of yourself? Rejoice in the humanity that you share with everyone. Romance: Your sweetheart is looking out for you. He or she lets you make your own mistakes where that kind of education counts, but otherwise life is easy. Thank your lucky stars that you have someone to take care of you this way.

Leo (July 23 - August 22)

You begin to understand a vast, underlying pattern. It's even easier to excel when

understand why it's happening. Your abilities and desires come together in a perfect match. Your coworkers look on with a mixture of worship and envy. When you're on fire like this, no one needs to fan the flames of your success. This is the perfect time to get your ideas out of your head and into the right hands, Leo. Romance: You know it when the right person enters your life. Give your heart without asking for anything in return. Your gift is so generous that the rewards are inevitable. Once love changes your world, it will never change back.

Virgo (August 23 - September 22)

Are you the hunter or the hunted? Even as you pursue, you are pursued. Sometimes your position changes depending upon what you (or the other party) are looking for. Keep your eyes open at all times to lash out at those not involved. You have a much better chance for survival if you remain as part of the pack. Work on winning allies right now. Romance: Be more flexible in matters of the heart. Many things are possible in the name of love, but you can predict only so much. Those who are struggling in their relationship will find solid reasons for moving ahead.

Libra (September 23 - October 22)

Get ready to be a part of the action. You enter a period of leadership, whether in name or in theory. You depend on others for affirmation even as they look to

you for guidance. The sooner you learn to stand on your own two feet, the better. Second-guessing yourself has no place in this new role. Delegate as many of the details as possible so that you can concentrate on your vision. Romance: Romance is all about adaptation. Together, you make up the story as you go along. Each relationship is different from the one that came before it. In some ways this is better. Even for longtime couples, today is a fresh start.

Scorpio (October 23 - November 21)

Daydreaming may serve its purpose, Scorpio. Although imagining a better situation is normally no substitute for making concrete improvements, it can only help. Plan out the steps in your head before committing them to paper. If the task proves to be too much for one person to handle alone, find allies to help you enact your changes. Be careful not to lose control of the process you set in motion — your leadership is needed every step of the way. Romance: Your mood may be dark, but that has nothing to do with your partner. He or she is a ray of light, showing you the way and warming your heart. Be receptive to someone else's happiness or innocence. This is how love can save you.

Sagittarius (November 22 - December 21)

Spend some time in a natural environment. Take a long walk in the park or visit a nature conservatory. Even sitting in your own backyard is better than staring at the

television or computer screen. Your internal monologue feels perfect, but you can always freshen it up with outside influences. Be sure to leave the place as clean as it was when you arrived. Travel may be in the cards. Make sure you pack appropriately for the weather conditions at your destination. Romance: Jealous singles and unhappy lovers look to you for the secret of your success. But there's really no secret at all. As long as you're graceful and respectful, your lover will never leave you. Permanence is easy once you have it.

Capricorn (December 22 - January 19)

Old challenges turn into new obstacles. Business issues rise to the surface as you are faced with a seemingly insurmountable hurdle. Be prepared for a letdown when asking for assistance — you may not get much help from the people who could give it easily. Try not to blame someone for your issues — he or she may be having problems of which you know nothing. Get plenty of sleep in preparation for activities. Romance: Lovers crave each other's company, despite all the scheduling inconvenience. Your intimate moments are more important than anything else you could be doing.

Aquarius (January 20 - February 18)

Sometimes there's nothing you can do about it, Aquarius. Get over what you can't change, or your fixation about it will eat you alive. While it isn't like you to give

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Your Future Revealed

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 up, you also know when you can't win. This is one of those times. Later in the day, an unreliable associate may yet surprise you with a dependable response. Be sure to write it down or no one else will believe you. Your romantic impulses could trap you in a tight spot — use the secret exit to escape if necessary. Romance: There's great romantic urgency at this end of the Zodiac. Like your astrological neighbors, you find that love comes first. In

your case, however, quality time together is an add-on. Nothing needs to be sacrificed for this relationship.

Pisces (February 19 - March 20)

Don't forget that every action has a consequence, Pisces. Yielding to temptation

will probably lead to instant regret. Be especially conscious about what you eat. Your health has the potential to improve greatly if you are willing to modify your diet. You may find yourself getting tired of those same old tricks your imagination keeps playing. The time has come for everyone to lay all those wild cards on the table. Romance:

In some ways, your partner is stronger than you are. Standing up to this person may invite trouble, but your dignity is at stake. If you're happy with your relationship, nothing more needs to be said. There's someone for everybody.

Worst Case Scenerio

Continued from page 3
 pick the right kind of berries? Do you know the smartest

thing to do if your fishing boat starts to sink? If you want to find out the answers for these

crazy scenarios, all you have to do is tune in to TBS at 9:00 P.M. on Wednesdays. This show can come in handy. Not that these are everyday situations, but you never know!

Intellectual Melting Pot

Continued from page 8

things—
 Ants, philosophers, and lice,
 Cattle, cockroaches, and kings,
 Beggars, millionaires, and mice,
 Men and maggots,—all as one
 As it falls into the sun,—
 Who can say but at the same
 Instant from some planet far
 A child may watch us and exclaim:
 "See the pretty shooting star!"

LAST WORDS . . .

"This is the last of earth! I am content."
 ~ John Quincy Adams, US President, d. February 21,

1848
 "Josephine..."
 ~ Napoleon Bonaparte, French Emperor, May 5, 1821
 "I am not the least afraid to die."
 ~ Charles Darwin, d. April 19, 1882
 "I know you have come to kill me. Shoot, Coward, you are only going to kill a man."
 ~ Ernesto "Che" Guevara, d. October 9, 1967 (Facing his assassin, Mario Teran, a Bolivian soldier.)
 "Why do you weep. Did you think I was immortal?"
 ~ Louis XIV, King of France, d. 1715
 "Go on, get out - last words are for fools who haven't said enough."
 ~ Karl Marx, revolutionary, d. 1883 (To his housekeeper, who urged him to tell her his last words so she could write them down for posterity.)

Hip Huggers

Continued from page 8
 would have to be pretty tight to pinch a nerve. Is all this pain really worth the beauty?

Or are those fun loving jeans really worth your money? If you're getting some of the symptoms, maybe you should loosen up or rethink what you have in your closet.

