

# Northview Valhalla

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Covina, CA 91722

## High Five To Valle Vista Five

By TRINITY KELLER

Students spend their four years at Northview hoping to be recognized for their hard work and dedication towards academics. Senior year that recognition can come in the form of the high honor of being one of the five Vikings chosen for Valle Vista Five. Valle Vista Five is voted on by the staff and the five studious Vikings chosen are more than deserving of the honor.

Well known for his accomplishments in wrestling - two year league champion, sixth place CIF, All-Area Wrestler 1999, and J.V. Most Improved Wrestler. This student has proven that he is quite the athlete. He has excelled academically, as well. Principal's Honor Roll, a Renaissance member, and Boys' State nominee are just a few of this young man's academic achievements. Add on to that an involvement in extra-curricular activities such as three years in AP Society, two years in Drama, A.S.B. Commissioner of Fundraising, and an Accreditation Committee Member and you have none other the well-rounded Michael Allum.

Allum's future plans are to attend college and use the extra time there to figure out what it is he would like to do. With interests in drama, art, psychology, film and advertising, he will decide upon a



**FRONT ROW: Jennifer Loomis, Thao Nguyen, Robbyn Beck  
BACK ROW: Michael Allum, Justin Wilkins**

major in one of these fields.

Allum would like to be remembered as somebody who did many things and was

good at them. He would like to be remembered as someone who helped Northview and worked to make it even

## Blood To The Rescue!

By LAURA VERGARA

Twice a year, students at Northview donate blood to save lives. Northview's blood drive takes place once in the fall and again in the spring. This spring's blood drive will take place on Wednesday, May 17 from 8:00 A.M. to 2:00 P.M.

The requirements that need to be met are as follows: the donor must be 17 years of age, weigh at least 110 pounds, and the donor must have parent permission (or be

18 years of age). Red Cross will do a screening to check that there are no health problems with the donor. It is recommended that the donor eat a good breakfast and/or lunch. It is also recommended that the donor drink a lot of fluids. A possible side effect can be dizziness due to not eating a good meal before donating blood.

If you are one of those persons who are afraid of catching a virus or an infection, don't worry because

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better. He wants people to think of him as one who took advantage of his opportunities and strived to fulfill his potential.

Quite the leader, Robbyn Beck successfully took charge of the "Spirit of Northview" Band as Drum Major (and was rewarded with 1999 Most Trusted Leader in Band), the Drama Club as co-president, the AP Society treasurer, and yearbook as copy editor.

Beck has had a well spent four years here at Northview. Her involvement in activities such as play production, the Academic Team, yearbook, the varsity swim team, Speech Club, and the Accreditation Committee have clearly shown her school pride.

Beck has received such honors as Principal's Honor Roll, the Floyd Myrick Award in music, National Merit Recognition, Young Woman of the Month, and first place PTA Reflections in writing.

She has been accepted to the honors programs at USC and UCI and will attend one of two on the most accelerated track available, even though she has yet to choose a major.

Beck would like to be remembered as a great Drum Major who gave her heart and soul to the band, as a bright student who was willing to do

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# Capital Punishment Lets Justice Prevail

By STACEY WEBER

Serial killers, murderers, rapists, child molesters: these are the words that haunt us all. But why are they allowed to? Crime in the United States has greatly increased over the years. People used to be able to leave their doors unlocked at night. Now people have two, maybe three, locks just to ensure their safety. What has this society come to? Why should we allow these people to instill fear in our hearts?

Capital punishment, otherwise known as 'the death

penalty,' quite possibly could be the cure to the U.S. ailment called crime. In my opinion, there shouldn't be such a thing as a repeat offender. Why should one who has been convicted of murder, rape, etc. be allowed to walk free? They **SHOULDN'T!** In this day and time, it seems as if crime is an accepted way of life. Murder your spouse, go to court. Sentenced to jail for 20 years to life, get out in 10 for good behavior, and start over again.

It's time that this continuing cycle is stopped. In one

of the top nations of the world, one should expect better. Our justice system is a travesty for letting these individuals roam free. It's time to take action. With capital punishment, there will be a bigger consequence for criminal actions, which may dissuade people from taking such a threatening approach to their problems.

People shouldn't have to live in a world where they are afraid to send their kids to school, where they have to use the "buddy system" to walk down the street at night.

People shouldn't have to wonder when they lend a hand to a neighbor in need if they will survive their kind gesture. This is the time to take action. People should no longer have to live in a world where injustice will prevail, as stated every time the flag is saluted, "With liberty and justice for all!" Justice for killers, for kidnappers, for rapists, and for any individual who infringes on your inalienable rights. With capital punishment, justice can be brought back to the people.

## ALL Murder Is Wrong

By VERONICA RAMIREZ

Since preschool, children were taught the basic skills to adapt with others: to share, to be nice, and to be polite. All of these coincide with the phrase "do unto others as you would have them do unto you." This, of course, is known as the "Golden Rule", the rule we should always follow. Most people might not say, "Don't kill people" to their children, most likely because it is just common sense: murder is wrong. It's illegal, immoral, and doesn't follow the Golden Rule.

Of course, parents might not say that the people who are in charge of California kill people almost every year. But what they do isn't illegal. This type of murder falls under the term of capital punishment, also known as the death penalty. Their logic is simple: if someone kills

another person, the killer will be killed. Does this *really* make sense? Does it follow the "Golden Rule" we've been taught most of our lives?

The death penalty is only used for people convicted of felony murders. They are usually put on death row in San Quentin Prison for many years before they are actually executed. By then, many of them have asked the victim's families for and even *received* forgiveness. Why must they die? Why can't they serve life in prison? What makes 12 ordinary people be able to "play God" and decide whether a person should live or die?

Many people support the death penalty on the grounds that most death row inmates have brutally murdered innocent people, and now they deserve the same fate. Others

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# Anyone Can Buy A Gun

By **RICHARD GRUBER**

As technology continues to progress, you would think that access to guns would be limited. Gun sellers around the world make it easier for young people to buy guns. Should there be a limit to how many guns are sold to one individual? Should there be laws which make gun purchasing harder?

Many people think so and stress the idea that gun control is not enforced. Gun control and gun sales have continued to bring debate throughout the world. Few changes have been made throughout the years regarding gun purchasing. Some states and localities have come up with strict licensing and other control measures. Federal legislation (1968) prohibited the sale of rifles by mail.

Other measures have been made throughout America, which include a five day waiting period and background check before a handgun purchase. In 1994, the federal crime bill banned the manufacturing, sale, and possession of certain assault weapons.

How do we, as people, know who is and who is not responsible enough to own as many firearms as they wish to own? We don't know, and anyone is capable of using firearms to harm or kill people. A few things that can be done to ensure that somebody does not have an intention to kill someone would be to limit gun sales to one or two, after checking backgrounds on the person. Then after no signs of possible endanger-

ment to people, gun limitation for that particular person would no longer be needed. Most people's intentions are not to kill other people. If it was, we would have chaos in this world today. Hunting, target shooting, and collecting seem to be the main purposes for which someone would

purchase a firearm.

The National Rifle Association (NRA) and people affected by firearms have been in debate about criminal access to guns ever since the attempted assassination of former president Ronald Reagan. The NRA maintains that it is a constitutional right

to bear firearms, and therefore any type of gun control is unconstitutional. The victims of gun violence argue that easy accessibility to guns by career criminals and by children is the main reason to enforce gun control. As long as guns remain in the world,

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## Heroin: Easier and More Dangerous Than Ever!

By **LIGIA MORENO**

Heroin is a commonly known drug nowadays. Today, heroin is much easier for teenagers to get, which makes it much more potent and dangerous than ever. Heroin is the choice for America's young, rich and famous. In San Francisco,

heroin deaths have reached record numbers. Unfortunately, kids still do not get the picture.

Many teens out there use heroin because it is so much easier to get. In 19 major cities, the price of heroin dropped by half. Today, just five dollars can get you a hit,

which makes it easier for kids to get heroin than pizza. But what teens do not realize, is that those five dollars either can kill you or make you spend hundreds of dollars in rehab.

Not only has the price been reduced, but also now *Continued on page 14*

## Pollution Means Animal Extinction

By **ASHLEY HINZO**

The leatherback sea turtle is an animal which weighs 1,400 lbs. and is six feet long, and along with many other pelagic (sea going) animals it has become an endangered species. The leatherback sea turtle is the largest in the world. They are known as graceful swimmers with powerful front flippers. This animal has become endangered because of many reasons,

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# Rumors To Be Told In M-2

By ERIKA HERMIDA

Rumors— A story or statement told as new without any proof that it is true.

rehearsing to present the play *Rumors* by the end of April. The characters in the play are all described as being flawed

and Chris Gorman; Justin Wilkins, Robbyn Beck, and Chantelle Menson as Lenny and Claire Ganz; Jean-Philippe Steinmetz, Amanda Stubblefield, and Veronica Ramirez as Glenn and Cassie Cooper; Jayson Farrar, Crystal Palacios, and Kristy Gonzales, who will play

Ernie and Cookie Cusack. Lastly, Nick Pierson and Steve Horton will play the role of Officer Welch and Officer Pudney, respectively. With a very promising cast, *Rumors* will be brought to life with many laughs and stupidity. Come check out this performance in M-2.



Everyone knows what a rumor is, but have you ever seen the play? Well, wait no longer. Ms. Pamela Good and her play production class have been hard at work

in the way that they come across, as behaving like children. The roles in the production will be played by Garret Driscoll, Nikki Flores and Michelle Picone as Ken

## Guns

*Continued from page 3*

the debate on gun sales and on limitations will never end. Making firearms harder to get will only make gun purchasers angrier, and not limiting the sales and access to guns will make anti-violence

organizations and victims of gun violence angrier. Guns are not made strictly to kill humans, but unfortunately in some cases, it happens. There is no reason to make it harder for some adult firearm purchasers to buy firearms, gun control should only be enforced on children and adults with criminal records.

## Microsoft Goes Soft

By ISIAH GILLIAM

The Wall Street Journal reported earlier this month that the government is considering a plan to strip Microsoft Corp. of the rights to its Internet Explorer browser software. After that shares for Microsoft fell 3 or 3.4 percent, to 8 1/6.

Under the proposition, the government would force Microsoft to grant royalty-free licenses to the product, opening its secret underlying software code to customers and computer makers, also stated by the paper.

This so called "proposition" would be part of an ample package of restrictions on Microsoft's business practices now being developed by the Justice Department in a parallel effort by the 19 states in the case, to be presented to U.S. District judge Thomas Penfield Jackson later this month.

It hasn't yet been decid-

ed whether federal and state officials will include the proposal in their recommendations to the court. It is now transparent that the confinement on Microsoft's conduct now under discussion, while falling short of an outright breakup, will be tougher than Microsoft might have won in failed settlement talks two weeks ago.

The proposal to take away Microsoft's Internet Explorer browser is designed to work only in combination with restrictions that claim to protect rival software companies, and in a way empower PC makers to choose what software to load on new PCs. Also on the table this week are possible restrictions on Microsoft's other line of business products, including the lucrative office software suite and its Windows 2000 "server" software aimed at corporate networks and Internet sites.

# TLCs

TECHNOLOGY  
Life Skills

Critical Thinking  
Citizenship  
Communication

# Practice Pays Off For Spirit Of Northview



By **LESLIE SUNDBERG**

Geeks, nerds, or social outcasts is how many school's band members have been stereotyped. The Spirit of Northview Viking Band

has transcended this concept, proving it to be completely inconsistent with powerful entertainment. The Viking band has consistently placed first in parades and competi-

tions, making a positive name for Northview High School and the band.

The Spirit of Northview has a strong tradition of excellence and pride which has made it the best band in Covina-Valley. Appearing at every home football and basketball game, the band always maintains an impressive schedule of events. They have approximately three

events per month, and are constantly on the go. Throughout this year alone, with the dedication of director Allen J. Casey and the members of the Spirit of Northview, they have been able to place first in the Oxnard, Wilson, West Covina High School Field Tournament and the Pasadena Black History Parade. At the  
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## Lopez, Guzman, Sanchez Stand Above The Rest

By **MARCUS FLORES**

Finishing in sixth place at state allowed both Rick Guzman and Leonel Sanchez to advance to Nationals, where the Best of the Best the U.S. has all compete to be #1. This year, the Nationals took place in Pittsburgh, Pennsylvania, where senior Rick Guzman finished 2-2, while teammate Leonel Sanchez finished with a 1-2 record. The two all-stars capped off great careers in high school wrestling this season, going all the way to Nationals, a third trip for Guzman.

When Guzman was asked to recap his career here at Northview as a wrestler, he replied, "Just to cap off all four years of my high school wrestling career, it's been nothing but great experiences and memories. I haven't reached all my goals

yet, but some day I will. I just would like to thank Coach Ochoa, my mom, brother, Moi Zepeda, my great teammates, and Northview High School's students and staff. Thanks for all the support and good luck in the future."

On his wrestling career, Sanchez had this to say, "I would like to thank the obvious - my family, my brother Elton who coached me and taught me everything I know, and Coach Ochoa who raised the money for me to compete in the national level. I did not accomplish what I wanted, which was to be a state champ, and it was very disappointing. When you work so long year after year and you don't reach your goal, it makes you look at things in a different perspective. I wasn't sure I wanted to continue at the NCAA Div. I level, but

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## Passover Brings Together Friends, Family, Food

By **ERIK CORTES**

Taking place the first two nights of the eight day festival, the Seder is the most important event in the Passover celebration. Usually gathering together the whole family and friends, the Seder is steeped in the long held traditions and customs.

Leading up to the first night of Passover, the home is cleaned and cleared of all yeast foods, called hametz. All hametz either are eaten before Passover begins or "sold" to non-Jewish neighbors, family and friends. The rules surrounding Passover are strict and many, with only special foods, utensils and dishware allowed.

Kitchen utensils and dishware normally used in the home are not to be used during Passover. Special dishes and utensils for the Passover holiday are taken out of storage, cleaned and used. Only foods that are "kosher for Passover" are allowed. No leavened foods or grains are eaten. In their place, matzoh and foods containing matzoh are eaten. This is to commemorate the Israelites who fled quickly into the desert with no time for their breads to rise and were forced to bake the dough into hard crackers in the desert sun. All foods prohibited during Passover must be disposed of the morning of the first night of Passover.

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# Remembering The Victims Of Columbine

By **TASHERLEY CLOVIS**

April 20, 2000 marked the one year anniversary of the Columbine Massacre. For many it seems hard to believe that it was only a year ago that Dylan Klebold and Eric Harris walked into their high school and fired shots at their classmates, killing 12 students and one teacher, and injuring numerous students before taking their own lives.

Remembering the day of the Columbine shooting is a hard thing to do, especially for the victims' families and friends, but it's important to remember something as tragic as this, so it won't happen again. It's important for people to know that what happened was unnecessary and that there are other ways to handle anger, hurt and frustration than going out and killing innocent people.

The students and teacher that lost their lives at Columbine will never be forgotten. They were all bright, young, loving individuals that had so much going for them! It's important that no one ever forget who they were and the impact they made on so many people around the world.

**Cassie Bernall, 17**

Two years prior to her death, Bernall became a born-again Christian. She became active in church youth programs and Bible study groups. Bernall was shot by one of the gunmen after she told him that yes, she believed in God. In memory of Bernall, her mother wrote a book called *She Said Yes*, so that no one would ever forget what happened at Columbine, and who her daughter was.

**Steven Curnow, 14**

Curnow, who was only a freshman, hoped one day to be a Navy Top Gun and pilot F-16's. He enjoyed watching Star Wars movies, and learned how to referee to earn money.

**Matthew Kechter, 16**

A junior who maintained an A average and hoped to start for the football team, Kechter enjoyed lifting weights and played on offensive and defensive lines.

**Corey DePooter, 17**

DePooter was a former wrestler who enjoyed golf. Before his death, he took a maintenance job at a golf club to save up for a boat with a friend. He was a good student, and hated missing school.

**Daniel Rohrbough, 15**

Rohrbough was killed while holding an exit door open for one of his classmates. He enjoyed computer games, stereos, and home

theater systems. Every summer he worked on family farms in Kansas and helped out at his father's electronics business.

**Daniel Mauser, 15**

A sophomore, Mauser earned straight A's, enjoyed cross country running, and joined the debate team.

**Kelly Fleming, 16**

Fleming hoped to someday be a songwriter and author. She wrote poems and

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## With The Help Of A Rabbit

By **NIKI LUCKA**

As the Vikings of Northview sat around one day, wondering what to do, they decided to play a fun game of hide-and-seek. As the game went on and on, time quickly went by. After a while they were tired of hiding in small places and being uncomfortable, so the Vikes decided to hide objects instead. The Viking with the most objects would win.

The Vikes hid lots of objects all around Northview, some were lost and others were hard to hide or to find. One day a Viking decided to use balls to hide, but they easily rolled out of the hiding place, so they all agreed to use eggs. Eggs were not that small, and didn't roll away, so everyone was happy.

The white color of the egg seemed plain to one of the Vikings, so she decided to paint them. Using bright decorative colors she coated each egg, and when the other Vikes

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## Poetry Corner

By **NICOLE LUCKA**

Soothed and relaxed, you sit in a comfy chair as you open a book of poetry. Whether the poems be romantic or dramatic, they embrace your every emotion.

Well... you're actually at school, probably sitting on a cold bench as you read this newspaper, trying to comprehend the poems of your

classmates. So try to sit back and relax, and embrace whatever emotions are left.

**UNTITLED**

by Amanda Sateriale (11)  
I look into your eyes

I see the innocence you despise

And all the heartache and the lies

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# Restaurants Deserve A+ Rating

By JESSICA FLORES

Recently California has started grading restaurants,

food, which comes with a side of rice and beans. They have an atmosphere of Mexican

very reasonable too. Dinners and combinations are around \$6.00-\$10.00. Reservations for families are not required. For more info, call (626)967-5900. If you haven't yet experienced the taste of Ray's Tepeyac, it will be an enjoyable first.

Bishomon (Japanese) restaurant is an excellent place to dine. It's atmosphere includes a gigantic aquarium filled with beautiful, exotic fish and Japanese trees and lights. Bishomon chefs leave their costumers with a choice of having their food cooked right in front of them - of

course, this option costs extra. Dinners are around \$10.00. Meals come with mieso soup, a bowl of white rice and a side of cabbage. Bishomon's delicious food not only get's an A, but the restaurant did too. Contact them at (626)967-5900. Bishomon's is located at 139 N. Citrus Ave.

Tulipano's, Ray's Tepeyac and Bishomon's have qualities in common. They all have great tasting food for affordable prices. Try something new and visit these restaurants. They all truly deserved their A grade.



giving them an overall percentage based on cleanliness and service. Consumers now can get an idea of what kind of restaurant each place is.

Around Covina there are many restaurants that pass for an A, but some in particular stand out. Whether it be because of their wonderful food or beautiful atmosphere, Tulipano (Italian), Ray's Tepeyac and Bishomon (Japanese), make their mark around Covina.

For those Italian lovers, Tulipano is a definite winner when it comes to food. Tulipano is also reasonably priced. Dinners range from \$8.50-\$10.95. Seafood plates are around \$16.95. Each week Tulipano has a special meal. There is a variety of meats and pastas to fulfill guest desires. Reservations usually are not needed, only for a large group of people. For more information contact them at (626) 967-6670 or just drop by for a taste of Italy at 530 Citrus Ave. #15 Azusa.

Covina also houses the loved Ray's Tepeyac. Ray's is mostly traditional Mexican

style furnishings, sombreros and paintings. This well known restaurant's prices are

# Easter Is More Than A Bunny

By JOEY DELGADO

Easter Sunday is a very holy day for Christians. It celebrates the resurrection of Jesus Christ after his crucifixion on Good Friday. Easter first began as a pagan festival, a celebration of spring time and fertility. It is believed that the word "Easter" came from an ancient Saxon goddess of fertility, Eastre. This goddess was worshipped by her earthly symbol, the rabbit. This may have influenced the idea of an Easter bunny.

Easter was celebrated on different days through the week, for the first few centuries after the Resurrection. Constantine, a Roman Emperor, decided in 325 A.D. that Easter would be celebrated on the first Sunday after the first full moon or after the first day of Spring.

So basically, Easter can fall only on one of the Sundays between March 22 and April

25 (depending on the moon). This year, Easter will fall on April 25.

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# If you knew you were going to die tomorrow, how would you spend today?

**Yuliya Oboznova, 12-** "I would try to call my parents and friends in Russia and tell them how much I miss them and love them."

**Carianne Wilkins, 9-** "I would spend the day with my family, and then try to do everything that I have wanted to do."

**Mrs. Dimke-** "I would spend it with my family, or as many of them as possible, play my guitar a lot, and pray."

**Jessica Diaz, 12-** "I would do everything that I've ever wanted to do, like sky dive and go bungee jumping. Then I'd spend time with my loved ones, family and friends. And I would pray."

**Deborah Sigala, 12-** "If I knew I was to die tomorrow, I would spend today telling everyone I see about God, what He's done in my life, what He is able to do in theirs, that God is the way, the truth, and the life, and pray for everyone that they are given the chance for everlasting life!"

**Robert Espino, 11-** "I'd wax Sonya B."

**Sonya Barcena, 11-** "I would steal all of Mr. De La Rosa's red pens!"

**Erick Martinez, 11-** "I would pawn all my stuff cause I know that's the first thing my friends would go for when I die."

**Heather Kautz, 11-** "I would spend the day doing all the stuff I've ever wanted to do like skydiving, bungee jumping and my boyfriend."

**Tracie Taube, 10-** "I

would do everything I always wanted to do but didn't. I would have fun with my friends and pray that heaven is much better than here and that I go there."

**Natalie Meza, 9-** "I

would tie up any loose ends with family and friends and would make up with anyone I was on bad terms with."

**Daniel Reza, 10-** "I would spend some of the day with my family and just do the things I'd usually do in a

day."

**Crystal Temores, 10-** "I would make the best of my normal day. I'll do the same thing I did the day before, just be careful not to end with a negative. And I'll sleep, with a smile."

## A.S.B. Opts To Be The Best!

By SARA ARCE

It was a tough category to win, but Tina Gomez will be Northview's new A.S.B. president. "At first I felt my stomach drop and then I felt extremely excited. I feel a little nervous being the one to organize things, but more excited than anything," said Costello about winning the election. She explains that she has new plans for Northview. You can expect to have our usual school activities, along with new activities that have been overlooked the past few years. A major thing she plans to do differently than others who have attained her job is that she will stick with this position the whole year which is hard to do because of all the responsibilities.

Erin Costello has already been planning to mark her senior year the best. She hopefully will make her dreams come true now that she has won the office of vice-president. Costello says that she would like to walk into a House of Reps meeting and hear more than just the complaining of whether

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FRONT ROW: Tina Gomez, Orlando Magallon, Erin Costello  
BACK ROW: Christa Costello

## Why Do We Believe?

By MONIQUE PAREDES

It happens everyday when another person reports a UFO sighting. But are these occurrences too obvious. Do aliens exist? Or is there something weird going on behind the government's closed doors? There have been, in fact, sightings - some with evidence, such as when

witnesses said that they saw a UFO crash. The government said that they would take care of it, but when asked, they denied the whole thing ever occurred. But yes, it's okay to believe. The media, though, doesn't make the believing part any easier. They try to choke us with the

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# NHS Makes Its Point In Whittier

By ERIK CORTES

On March 22, the Northview Vikings went to Ganesha High School to play against the Giants. The Vikes knew this wasn't going to be an easy game for them. The Vikes were needing a victory in order to still be in the run for C.I.F. The starting pitcher for the Vikes was John Gray who pitched seven innings and allowed only three hits. Sophomore Sergio Pedroza was 3-4 and freshman Rudy Estrada drove in three runs to help out the Vikes. Also, the key hit was made by Armando Rangel - a two run double to break a 2-2 tie. The Vikes really pulled through and won with an overall score of 7-2 over the Giants.

On March 24, the Vikes went to South Hills to play against the Huskies. The starting pitcher for the Vikes was senior Jason De La Torre. The Huskies were just too much and connected for three home runs to win convincingly over the Vikes, 10-0.

Over Spring Break, the Northview baseball team was looking for another victory. This time, it was going to be against Whittier High School. The Vikes knew it wasn't going to be an easy task for them. Coach Murphy decided to put in freshman Rudy Estrada to start the game as pitcher. Estrada proved that he was ready for the test. He went four innings, allowing



Louis Vasquez slides into first base on a tight play

only two hits. Estrada's teammates didn't let him down and went right to work against Whittier's pitcher. Senior Louis Vasquez went 3-3. Sophomore Sergio Pedroza hit a two run HR in the fourth inning to help the Vikes increase their lead. This was his third homerun of the season. The Vikes won convincingly over Whittier with a final score of 10-3.

## Tennis Continues Hot Streak

By MARCUS FLORES

On March 29, the Vikes demolished the Baldwin Park Braves to win the tennis match 15-3. In the singles match, Erik Cortes, the team captain, went 3-0. Mario Real also went 3-0, as did Kyle McCain. The three losses the Vikes had came in the doubles play. AJ Negrete-James Gavin dual went 2-1. Partners Aaron Acosta and Frankie Madrid also went 2-1, as did Danny Martinez and Patrick Gallagher.

The Vikes next faced the Saints of San Dimas where the Vikes proved to be too much for the Saints to handle. They beat San Dimas 17-1. Cortes went a perfect 3-0 in the singles play, as did Real. McCain lost his first match, but bounced back to win his next two. In the doubles play, the Vikes were flawless. Negrete- Madrid went 3-0, Martinez-



Gallagher also went 3-0 and Eddie Omena and Roger

Pho would not be left out on the fun. They also went 3-0.

On April 12, the Vikes traveled to Covina High where they just edged the Colts, 10-8, for the victory. Cortes won all three sets, as did Real for the singles match. In the doubles, Acosta-Madrid lost two, but stole one to avoid the shut-out. A.J. Negrete and James Gavin had a tough day losing all three matches. Pat Gallagher and Danny Martinez lost two, but won a big one to keep the Vikes in it. It came down to the last match of the afternoon. Sophomore Kyle McCain would have a chance to step into the hero's circle. He lost his first set earlier and also lost his second. So his third would be the most important one. McCain would not let down his teammates, as he would steal the set for the win, 6-4.

# Swim Teams Dive Right In

By **MARIBEL COLMENERO**

Just a few weeks into the swim season, and varsity boys and girls are off to a great start!

For the girls, who had a meet against Sierra Vista on March 23, the medley relay had four girls who came in first place: Diana Hutchins with a time of 32.16, Breanne Lovell at 34.91, Valerie Lopez at 36.50 and last but not least, Leslie Haywood with a time of 37.50. Nadia Moreno, who got the time of 31.64, was in second place for the freestyle.

In the butterfly, Leslie Sundberg got third place with a time of 1:19. Coming just behind Sundberg was Robbyn Beck with the time of 1:41.54.

For the backstroke,



Valerie Lopez got first place with a time of 1:23.38. Coming in fourth place was Leslie Sundberg.

With the breaststroke, Lisa Gunn had first place with 1:29.35, Haywood came in

third place with 1:30.62, and Anissa Fraijo came in sixth place with the time of 1:41.26.

With just a few days of rest, the girls had another meet against South Hills on

March 29. In the medley relay, Moreno came in first place with the time of 34.28.

In the 500 freestyle, Cynthia Paredes came in third place with the time being 8:11.74.

*Continued on page 12*

## Track Runs Toward Victory

By **JOEY DELGADO**

Coaches Miguel Canales, Philip Greve, Shawn Hib, and Ron Shy are four very dedicated coaches who are looking to improve Northview's track team to elite status. Though Northview came up short, losing to South Hills, they still found some gold. Jose Luna had an outstanding performance, winning gold in the 1 mile at a time of 4:44 and in the two mile at a time of 10:30.

In the Covina Invitational held at APU, Northview was armed with 15 of its most elite athletes. Four of these athletes medaled in first including Antonio Landeros, a determined athlete with a time of 54:45 in the 400 meter. A very jumpy Felisha Broughton took first in hurdles. A muscular Zion Sanchez took first in the shot put and discus, as well as a very speedy Jose Luna who ran the mile with a time of 4:43.

## You Win Some, You Lose Some

By **ASHLEY HINZO**

On Tuesday April 11, Northview's softball team walked onto the field with confidence. Playing on the home field against Baldwin Park gave the team a more comfortable surrounding. During the first inning, the score was 1-1 but when the second inning began, Northview really heated it up. With Joanna Beltran on first, Adianna Vega was up. Vega hit a homerun, making the score 3-1 and it remained that way throughout the innings with the game ending with that score. Even though Baldwin Park tried to advance, Northview fought hard to ensure victory, and

succeeded.

The next game Northview's softball team played was on Thursday, April 13 against San Dimas. Although the game was home, the enthusiasm to win just wasn't as strong. Northview scored its only run during the first inning with a lead-off homerun by Crystal Fraijo. San Dimas scored five runs during the third inning, leaving the score at 5-1. In the seventh inning, Northview tried to come back and managed to have a runner on second and a runner on third, but they were unable to advance and they left the game with a loss and a final score of 5-1.



# Valle Vista Five

*Continued from page 1*

anything to help out, a caring friend who earned the respect of her peers, and the girl who did as much as she possibly could do in her four short years at Northview.

Jennifer Loomis is known by her peers for her academic excellence and often her athlete ability is pushed aside. Loomis was First Team All-League in soccer, CIF qualifier in track, where she lettered in both sports. She was also Rookie of the Year and Most Valuable Defensive Player in soccer.

But don't discredit her academically. Loomis has been an Academic Scholar, Girls' State delegate, received GSE High Honors in written composition, GSE Honors in biology. She lettered three times in academics, and has been on the Principal's Honor Roll four times.

Her extra-curricular involvement includes School Site Council, peer tutor, president of CSF, vice-president of SADD, member of FBLA, Speech Club member, Drama Club member and yearbook photographer.

Loomis' future plans are to attend either Pitzer College or UCI, where she will pursue a doctorate in criminology or forensic psychology. Eventually, after her college career concludes, she hopes to work for the FBI.

Loomis would like to be remembered as a well rounded, strong, but nice person. She hopes that people remember her as the one who got involved in everything, and always strove to achieve the most that her abil-

ity would let her. She also hopes that people will remember her as the one who was always ready to bring a smile to her friends' and acquaintances' faces.

Always involved, Thao Nguyen has spent her four years at Northview involved in ASB (as Commissioner of Girls' Athletics), Multicultural Club, GALS, United Club (as treasurer), Art Club, CSF (as treasurer) and the Web Page Team.

Nguyen has received such awards as GSE Honors in Biology, Young Woman of the Month, Athlete of the Month, the Athletic Scholar Trophy, and the Principal's Honor Roll.

She has also been heavily involved in tennis, serving as captain and receiving Most Valuable Player and Viking of the Year.

Thao Nguyen wishes to attend either Cal Poly Pomona or San Luis Obispo and major in computer science or architectural engineering.

She would like to be remembered as a young lady who brightened everyone's days because of her smile and giggle. She also wants the teachers to remember her when they check out the school web pages, remembering that she was one of the first to help design it.

A very dedicated student to all aspects of Northview, Justin Wilkins has shown during the past four years that he is more than deserving of the honor of Valle Vista Five. With a three year involvement in yearbook, his accomplishments are great and it is

easily understood why he has earned such positions as Editor of Clubs and Organizations, Editor of Sports, and finally, Editor-in-Chief of this year's *2000 Viking*. He is also the current president of the Drama Club (a position he has held now for two years) and has had three leading roles in a total of eight plays. With two years experience in A.S.B., he has held the titles of Commissioner of Rallies and Commissioner of Intramural Activities. Along with all this, he also manages to be involved in the Speech Club and the Accreditation Committee.

Wilkins' plans include attending a four year university, majoring in either business (advertising), or Liberal Arts. He plans on staying close to the place that helped

him grow in so many ways, keeping in touch with NHS, and continuing to assist in making Northview a great place to learn.

He would like to be remembered as someone who loved Northview, someone who always tried his best to make himself, and those around him, successful. He would like his legacy to include his leadership. He would also like people to know that he was a take-charge person, who could be depended on, who respected all teachers and staff, and who tried to make NHS a better place.

Well Vikes, you have just been given a chance to get a closer look at these five students. From academics to athletics to extra-curricular activities, it's obvious they clearly were deserving.

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## Blood

*Continued from page 1*

new needles are taken right out of the packages before each donor. If you are afraid of donating blood - don't be, because there is no risk at all. Remember that *three* lives are saved by just *one* person

donating one pint of blood. Last year in the spring, Northview's students donated a total of 60 pints and this year, ASB's goal is to get a total of 70 pints. You can sign up with an ASB officer and sign up sheets are in the ASB (F-1) office. So don't forget that the big day to save lives is May 17!

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## Wrestling

*Continued from page 5*

I know for now I won't. I'll concentrate on school for now and just wrestle for fun."

Chris Lopez had a great season and he still has another year left to wrestle as a Viking. He already has accomplished what no other

Northview wrestler has done, bringing home a state championship. Now he has won the FIIA cadet world team trials and has made the world team. He will be among many of the world's best as he will represent the U.S. in Macedonia this summer.

## All Murder is Wrong

*Continued from page 2*  
will quote the Bible to support their views where it is written "an eye for an eye, a tooth for a tooth." Yet the Bible also tells of Jesus commanding His followers to "love your neighbor as you love yourself." Unless the supporters do not love themselves and would like to die by the gas chamber or by lethal injection, they should not quote only one scripture. I am not denying that what many inmates did was wrong, violent, and grotesque. But I think it's time for us to practice what we preach. ALL murder is wrong. It is not our place to say who may live and who will die a horrible death.

Another major flaw in capital punishment is the possibility of executing an innocent person. The Stanford Law Review found 350 cases of death row inmates who have been wrongly convicted since 1900. Of those 350, 25 were executed, 7 died in prison, and 19 were pardoned within 72 hours of the scheduled execution.

Capital punishment does not work. To inject a deadly poison into an unwilling person strapped to a gurney, or to make someone inhale poisonous gas while 50 people watch is wrong. To tell our children to follow the precious "Golden Rule" while our family's tax dollars go to

killing people is hypocritical. I realize that the families of the victims would like nothing more than seeing the murderer suffer as much as their loved one did. But that will not make the person come back to life, nor, in many cases, will it make them come to peace with the crime.

I once saw a T-shirt that read "Why do we kill people who kill people to teach people that killing is wrong?"

That is a great question. There are other ways to punish these violent criminals that would be as, if not more severe, such as life in prison where the inmate cannot make his own choices or have any privileges. To say that capital punishment is a good thing is hypocritical. Why don't we practice the "Golden Rule" before we tell the next generation to do the same?

## Swim

*Continued from page 10*

For the butterfly, Lovell had the time of 1:31.40 for third place. Finishing fourth, Beck came in at 1:37.85. Sundberg came in fifth with the time of 1:37.65.

In the 50 relay, Lovell came in second with the time of 30.29. For the 10 free relay, Lovell also came in second with the time of 1:13.66.

As for the 100 backstroke, Lopez came in fourth with the time of 1:20.50, and for the 100 breaststroke, Gunn came in first with the time of 1:29.35.

The boys' varsity also had a meet on March 23 against Sierra Vista. In the 200 freestyle, Kahlen Limjoco came in first place with a time of 2:08.22. For the 50 freestyle, Mario Villahermosa came in first with the time of 23.55.

Garret Driscoll came in first place for the butterfly in a time of 1:06.34. Villahermosa placed first for the 100 freestyle also. For the 200 free relay, Villahermosa came in first once again, with a time of 1:41.96.

For the 100 backstroke, Limjoco came in first with the time being 1:05.78. Now, for the 400 free relay, Limjoco placed first of the time being 3:58.55.

## Band

*Continued from page 5*

Rowland High School Field Tournament, the band placed fourth, while at both Granada Hills and Costa Mesa, the drum line took fifth. Not only that, but at Don Lugo, Chaffey, and Sierra Vista Festivals, they attained excellent rankings.

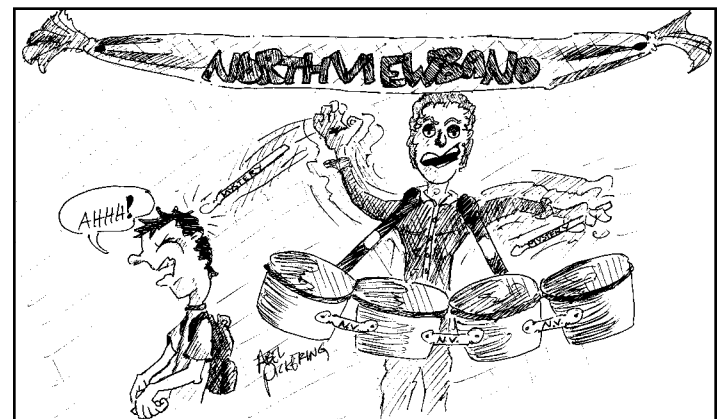
Pageantry has also done well, placing first at Rowland High School and third at Quartz Hills.

With such an outstanding reputation, the Spirit of Northview has performed for Las Palmas and Cypress Elementary Renaissance, Magic Mountain, WalMart, Toys R Us, USC Band Day,

L.A. Golden Dragon Parade, Covina Christmas Parade, and Azusa Golden Days Parade.

Upcoming events for the band are the Spring Concert on May 11, and a track concert in which all the feeder school bands and choruses will perform and that will be held on June first.

As Mr. Casey states, "It's tough taking a new program, but I am extremely pleased with the dedication of the members, and overall the spirit. It's them and their commitment that makes us so successful. We've had a greater success than any other year and we are just getting started. I'm pleased to be here and I really like the school."



The Valhalla is now published on the web.  
Bookmark your browser at:  
[www.cvusd.k12.ca.us/northview/nvhome.htm](http://www.cvusd.k12.ca.us/northview/nvhome.htm)

## Columbine

*Continued from page 6*  
short stories that were based on experiences she had.

### Rachel Scott, 17

Scott was active in Celebration Christian Fellowship Church. She once played the leading role in a student written school play called "Smoke in the Room."

### Isaiah Shoels, 18

Shoels was a senior who was supposed to graduate in May. Following high school, he hoped to attend an arts college and become a music executive. Shoels was shot in the head because he was black, and because he was an athlete. He played football and wrestled.

### John Tomlin, 16

Tomlin enjoyed driving his Chevy pick-up truck. After school he worked at a gardening store and belonged to a church youth group. A year before his death, Tomlin and his family went to

Mexico to help build a house for the poor. Tomlin had planned to enlist in the Army

### Lauren Townsend, 18

A senior and captain of the girls' varsity volleyball team, Townsend also was a member of the National Honor Society and a candidate for valedictorian. She hoped to major in biology in college.

### Kyle Velasquez, age unknown

Velasquez will always be remembered by his family and friends as a nice, loving person who cared about everyone around him.

### William "Dave" Sanders, teacher

Sanders was a popular teacher and coach whose first concern was always for his students.

The families are trying to raise enough money to build a new two-story library adjacent to the school. The victims' families also have formed their own club. It's a

club where they get together to talk about how they feel, and where they can comfort each other in their time of grief.

Although this was a grievous moment in history, this is something we shall never forget.

## Poetry Corner

*Continued from page 6*

You try to cover from inside.

I went inside your head  
Discovered the hatred  
and the dread

I heard the words that you  
once said

I saw the child inside you  
that was dead.

I taste your salty skin  
And feel the evil that's  
within

Loving you is such a sin  
I see your patience grow-  
ing thin.

I walk inside your soul  
I know the power you  
behold

I know the truths that go  
untold

Your past is starting to  
unfold.

Now I see your fearless

smile

Even now and all the  
while

You were always in  
denial

Of the fearful life that you  
withhold.

### ANOTHER DAY!

by Nicole Lucka (12)

A hidden shadow behind  
a torn wall,

A locked door with no  
key.

A sunset that has set too  
soon.

The sand that is washed  
away.

To have the things that  
are gone too quick

To hope that life would  
never end.

To feel the touch of for-  
bidden things.

The love that will soon  
come again.

Your hand open to a lost  
child.

## With the Help of a Rabbit

*Continued from page 6*

saw how colorful and cheerful they were, they found new meaning in the game; the egg hunt.

The Viking that created the colorful eggs wanted to name the egg hunt game after her rabbit Aster, but thought that it would sound a little weird. After many calibrations over the title, the Vikes finally decided to add an "e" (as in egg) to the beginning of Aster's name to create the

Easter egg hunt. And since the title was basically the name of the rabbit, they used Aster as a sort of symbol for the game.

When all was said and done, the date had fallen on the third Sunday of April, in perfect time for a spring game to arrive. So this day from then on was known as Aster's Sunday, otherwise known as Easter Sunday.

## Passover

*Continued from page 5*

Passover, also meaning, history and meaning of freedom in faith, celebrates the Jewish people's freedom from Egypt that took place more than 3,000 years ago. Jewish leader Moses led his

people out of Egypt after a series of 10 plagues that Moses warned the Pharaoh would devastate his people. Since the time of Jewish freedom from Egyptian slavery, Jews have celebrated this historical event by having a feast called the Seder.

## Endangered Animals

*Continued from page 3*

and like many other animals of the ocean the main reason seems to be due to fish nets and pollution. The problem with fish nets is that dolphins, whales, sea turtles, etc. get caught in the net and suffocate to death. Pollution of the ocean causes the leatherback sea turtle to have problems with eating. The sea turtle's main diet consists of jellyfish, but they can't tell the difference between the jellyfish and plastics. Often times, the sea turtle's stomach has too much plastic, which they cannot digest, and they have trouble digesting their food. Steps to stop the net problem have been made. There are now TEDS (things which open the nets when the animals other than shrimp or fish are caught) but the commercial fishers don't use them much because they say it cuts down their catch.

There are also countless numbers of land animals which are on the verge of extinction such as the cheetah, the mountain gorilla, and the Bengal tiger. Causes of their endangerment include poaching. Poaching is illegal in many places, but it still occurs and because of this, many of the world's most beautiful animals are becoming extinct. Poachers sell the animal's fur in many cases for very high prices.

People may think that only animals outside our country are becoming endangered, but this isn't true. Even America has a list of endangered species. The American crocodile is one of them. There are only 500 left

in the Florida bay and with 20 other species, or crocodiles, 17 of them are in grave danger of extinction due to illegal hunting. Another American animal on the

verge of extinction is the bald eagle. Our nation's symbol of freedom and hope is endangered as well. Even though there are so many endangered animals and the list may continue, there are things being done.

Tremendous efforts have been made to help these animals, many conservation efforts have been made too. People in the public can help stop littering and polluting. It's simple, but it would make a difference.

## A.S.B

*Continued from page 8*

Northview students can wear hats or not, or the messy bathrooms. She would like to

make more action plans and make N.H.S. better. For the upcoming year, you can expect Costello to be very dedicated to her new job.

It was a nerve-racking brunch for all of the A.S.B.

candidates. The whole quad was in complete deadlock and each candidate hoped that his name would be called by Mr. Hollister.

Treasurer is a job that requires honesty and responsibility. Sophomore Orlando Magallon will try to prove that he has these two qualities next year. As treasurer, Magallon plans to be different than others in this position in that he plans to be more organized and make his position fun for himself as well as for others. Magallon wants to be the best he can be and wants to be a responsible leader. "I was so super excited when I found out I won because this was something I have wanted to do for awhile and the competition had me *really* nervous!"

When asked what she planned to do differently than officers that have held her position, sophomore Christa Costello responded, "Actually, it's not what I plan to do differently, but more what I plan to do the same. The person who was in my position this year was really good. She was always involved and helped everyone else as well as kept up with her own responsibilities."

## Do We Believe?

*Continued from page 8*

concept of there even being an alien. They overdramatize the whole thing instead of it being just a little ship with guns and lights. It's funny what the media can make you believe.

Though there have been sightings and there is a lot of evidence, still there is no reason for us to get all panicked. With all the movies that we're seeing about aliens, it's no wonder some of us are terrified, but still others prefer not to believe. They think that there is no such thing.

They would rather doubt

than to be faced with a fact. It's hard not to see that there are, in actuality, aliens. Then of course, why should we believe? Scientists have studied the evidence over and over again.

Evidence is evident, it's a true thing but why do we believe? It has something to do with media pressure. The media shows over and over again that people begin to accept the idea and soon everyone starts believing and questioning the unthinkable, but hey, it happens. So next time you look at the television or listen to the radio, or even watch TV, be careful. Don't fall for everything you hear.

## Heroin

*Continued from page 3*

kids are using black tar heroin just so they won't have to stick needles in themselves. Heroin-related emergency visits throughout the U.S. doubled from 33,900 in 1990

to 70,500 in 1996. Most young heroin users experienced their first overdose within three years of use. Sadly, heroin is no longer the drug for street junkies. But then again, it is a choice - no one is saying you must use heroin or any type of drug.